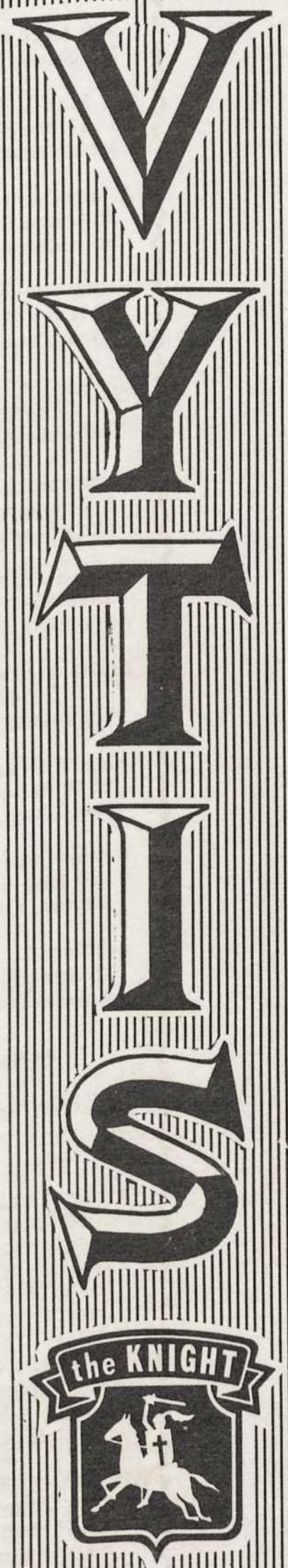


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OUR LADY OF ŠILUVA



BRIEF HISTORY OF SILUVA

In 1608 a group of playing children were startled by a beautiful woman standing on a rock, holding a baby. She cried bitterly, said nothing, and suddenly disappeared. The children's report brought the village to the scene. As the Calvinist catechist rebuked them for Romish superstitions, the woman appeared. Asked why she wept, she replied that it was because her Son was no longer worshiped there as He had once been. Moved, the people returned to the faith in a mass conversion. Siluva again was Catholic.

The image of Our Lady of Siluva was recovered when a blind man's sight was miraculously restored as he was brought near the spot where it lay hidden about 80 years.

A PRAYER TO OUR LADY OF SILUVA

Most Holy Mary, who by your appearance at Siluva, strengthened the soul of Lithuanians, so that to this day they have remained faithful to God, to You, and to their country, strengthen them once again amidst the serious dangers to their Faith, Morals, and their very existence.

By your intercession and our Saviour's merits, obtain from our Heavenly Father the grace that the sons and daughters of our country keep in their hearts a living Faith, and an intense Love which united us all - those in Lithuania and those dispersed throughout the world. Grant that the youth of Lithuania value the beauty of a pure and holy life, that our Lord's Fatherly Providence grant freedom to Lithuania, and His sure Way lead us all to Peace, Goodness, and Salvation, through Christ Our Lord. Amen.

Commemorating the 5th Anniversary of the blessing of the LITHUANIAN MEMORIAL CHAPEL, OF OUR LADY OF SILUVA, in the National Shrine of the Immaculate Conception, Washington, D.C.

REV. JOHN C. JUTT

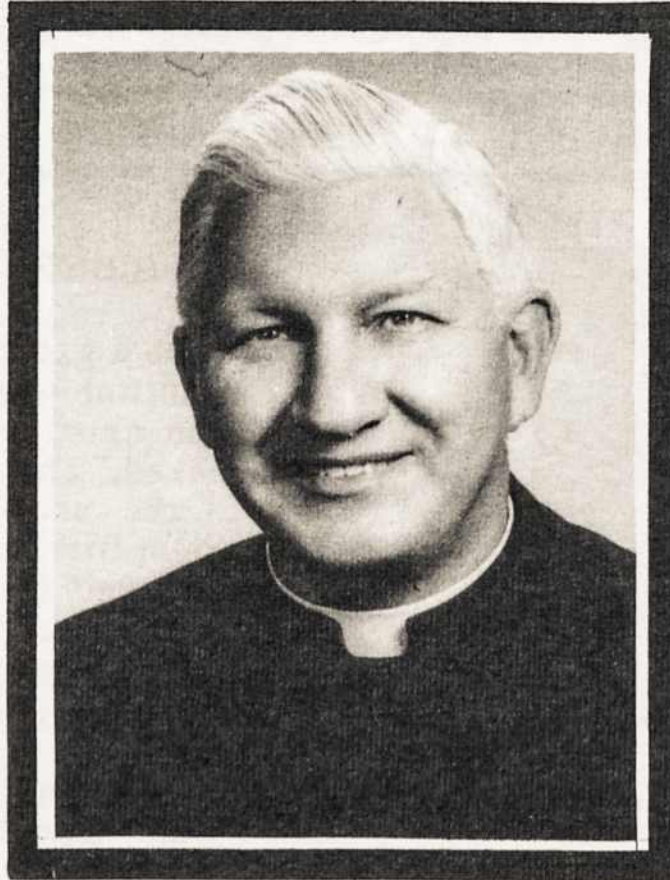
R. I. P.

SEPTEMBER 9, 1914 - JUNE 27, 1971

By Olga Kersis

At the very moment that Father John C. Jutt lay dying in London, England, the Supreme Council of the Knights of Lithuania, unaware of imminent tragedy, was in session in Worcester, Mass., discussing means to honor Father in a special manner on the occasion of the 25th anniversary of his Lithuanian Affairs Committee. May we kindly suggest that you refer to the June-July issue of the "VYTIS". This issue was dedicated to this Committee and a biography of Father Jutt, along with a history of the Committee, appeared therein. Now it is necessary to prepare a follow-up to that article, to write about the death of our great leader. It's a terribly awesome charge and this writer admits to complete unworthiness to attempt to do so. It is not for me to analyze his character, to recall his wit and common sense. Others more capable are busy doing that work. All that we can attempt to do here is to arouse in our memory those things of which we really are aware but simply need to recall.

Father Jutt was indeed a public figure. The results of his work in his diocese and in the Lithuanian world have made him famous. Whether we sought spiritual advice or material-temporal advice, he constantly lent us access to his vast store of knowledge. None could deny this. Whenever a period of lethargy would threaten to overcome any area of the Knights of Lithuania, Father Jutt would sense it and would either write an article or present a talk to "snap us out of it", thereby giving us new perspective. One could hardly imagine Father having a lethargic moment in his life. It was constantly filled with work. Work for his parish, his diocese, his family, and work for his heritage. And thinking about it now, wasn't he constantly encouraging in us the old-fashioned kind of human



values? The right of the enslaved nations, of Lithuania, to be free? The cause for which he most certainly waged a hard and fierce battle?

The day after the Supreme Council meeting, the news of our beloved Father Jutt's death was announced. How does one receive this kind of news? All sensation ceases, we become distraught, unable to say anything to one another. When finally we compose ourselves to some degree, we speak in hesitating sentences, through sobs and tears, and we hear someone say, "Why Father Jutt?". Then we recall that just two years before we said, "Why Father Tamulevicius?", when we heard of the death of that great and loved priest, Father Mike. Of course our faith gives us the answer, but our human emotions find it difficult to accept even the possibility of such a loss.

Though Father Jutt died on Sunday, June 27, his body was returned to this country only on the following Friday. That week at St. Casimir's in Worcester, where Father was pastor, was spent in hushed labor, preparing for what seemed an unreality. But then came Saturday and we

viewed our pastor, lying in a coffin, surrounded by his dear, weeping parents, his priest twin-brothers, his other brother, his sisters, and suddenly our eyes again become dilated, tears flow and we pray God will bless him... and us, the sorrowful. We recall the little things. Things like the J⁺M J or A.M.D.E., which appeared on everything he wrote, whether it be on a scrap of paper, or a note, or letter, or envelope, always invoking the assistance of the Holy Family in all his endeavors.

He labored hard to complete the restoration of his church. He labored even to the time of his death to improve the other church properties. Each time we hear the church bells ring, will we ever fail to associate them with the memory of tolling bells. Like so many people, Lithuanian and non-Lithuanian alike, the Knights of Lithuania especially will never forget this remarkable priest. The impressive ritual conducted by the Knights of Lithuania, led by our National President, Dr. Jack Stukas, and eulogized by our Joseph Boley, moved each mourner at the gravesite. This ritual showed the world our love and respect for Father Jutt and our sadness in bidding him farewell in this life. Ironic, isn't it, that the funeral days for Father Jutt, who made fighting for freedom his way of life, took place on July 3rd, 4th and 5th, the very days America was commemorating the anniversary of her independence?

Father Jutt used every intelligent step available to combat Lithuania's enemy. He undertook to lead us in the techniques of battling for Lithuania's freedom and he gave us the tools with which to do it. He made us feel important, vital to Lithuania's cause. Sometimes when a difference of opinion entered into matters concerning our organization, never were there any serious problems. Never were

these associations reduced to the pettiness of animosity. While each side would issue forth arguments for its own particular cause, it was always done with the thought that what was best for the Knights of Lithuania would have to prevail.

If, as Father John C. Jutt has shown, the Lithuanian Affairs Committee could, within a 25-

year period, make the Lithuanian people and Lithuania known to the world, and do so proudly, then surely each of us should be able to continue this battle which Father began 25 years ago. Father has provided us with the mold, with the pattern. We must continue this important work. We owe it to Father, to ourselves, to Lithuania. We finished the

article in last month's "VYTIS" by stating, "And now, we return to our work for Lithuania by beginning another era with Lithuanian Affairs"... but this next era will be without Father Jutt! We pray for him, all the while begging his intercession for ourselves, both individually and collectively... until we meet again.

KUN. JONAS JUTT - JUTKEVIČUS

Dzūkų Tėvų Išaugintas Vadas

*Pamokslas, atsisveikinant su velioniu Worcesteryje, šv. Kazimiere, 1971.VII.5.

STASYS YLA

Niekad nesirgęs, ligoninės nematęs, fiziškai stiprus staiga mirė Lietuvos Vyčių vadas, šv. Kazimiero Worcesteryje klebonas, Kunigų Vienybės pirmininkas kun. Jutkevičius. Mirė grįždamas su dviem broliais kunigais iš kelionės po Afriką, sustojęs Anglijos Chesteryje, birželio 28, 12:00 val. dieną. Pomirtinė gydytojų diagnozė: Cerebral maleria.

Tėvai, sulaukę vienas 87, antras 77 metų, dar tebėra gyvi. Gyvi ir sveiki kiti 3 broliai ir trys seserys, taip pat trijų šeimų pusbroliai. Šeima ir artimieji šios mirties skaudžiai paliesti. Tėvo pirmoji reakcija buvo: "Pirmas gimė, pirmas mirė - kodėl?" Atsakymo nėra ir veltui jo ieškotume. Mirtis neišvengiama viešnia ir ji neklausia laiko, bet šį kartą ji atėjo ne laiku ir netikėtai, pačiame amžiaus pajėgume (sulaukus 56 metų) ir veiklos išibėgėjime.

Reikšdami užuojautą šeimai, prisimename pirmiausia Lietuvos Vyčius, kuriems jis buvo lyg vyriausias brolis. Įstojo šion garbingon organizacijon turėdamas 14 metų amžiaus, joje išaugo ir su ja suaugo nebeatskiriamai ligi mirties. Buvo jos kuopų ir vyriausias dv. vadas, nepakeičiamas visų seimų organizatorius, Lietuvos reikalų komisijos kūrėjas ir vadovas per 25 metus, nuolatinis žurnalo Vyčio bendradarbis. Jo mirtis apgaubia šią organizaciją dideliu gėdulo šydu.

Skauđu jo netekti ir Kunigų Vienybei, kurios pirmininku jis buvo pastaruosius du metus; ir Lietuvių Bendruomenei, kurios Tarybos prezidiumo nariu jis buvo praėjusiąją kadenciją, ir Katalikų moterų draugijai, kurios dvasios vadu, ypač Naujoje Anglijoje, jis yra buvęs ilgus metus.

Kur tik žvelgi, ten rodos jauti, kad jo labai stigs mūsų gyvenime. Pasiges jo ypač Worcesteris - toji lietuvių kolonija, kurioje jis išaugo kaip kunigas ir kaip visuomenės vadas. Iš 31 kunigystės metų, čia jis praleido 27 metus, ir ant jo rankų išaugo jo krikštytos, sutuoktos, jo pamokslais ir išpažintim ugdomos dvi generacijos. Penkiolika metų jis buvo nepakeičiamas vikaras Aušros Vartuose ir šešis metus šv. Kazimiere. Trumpam, ketvertai metų, iškelias į Atholį klebonu, ten atnaujino bažnyčią ir naujai pastatė kleboniją. Prieš šešetą metų grįžęs klebonu į šv. Kazimierą Worcesterin, atnaujino iš lauko ir visiškai naujai, V. K. Jonyno padedamas, pertvarkė bažnyčią, taip kad šiandien ji yra viena puošniausių ir meniškiausių šventovių visoj vyskupijoj.

Worcesteris nuo 1951 metų tapo vyskupijos centras, ir jam - velioniui teko įsijungti į štabinius darbus: moterystės bylų teisėju, labdaros ir tikėjimo sklaidos direktoriumi, pašaukimų komisijos nariu, pagaliau organizatoriumi vyskupijos jaunimo tarybos ir jos dv. vadu, už nuopelnus 1957 m. apdovanotu Pro Deo et juventute žymeniu.

Netekti tokio kunigo, dirbusio taip plačiai ir taip sėkmingai, atrodo neapskaičiuojamas nuostolis. Tačiau nuostolis mums, li-



Rev. Jutt presenting Cardinal Cushing with "Friend of Lithuania" Award.

kusiems, ne jam. Nuostolis artimai ateičiai, ne dabarčiai ir praeičiai. Velionis padarė daug ir tie darbai lieka nenurašomi ir neatšaukiami. Lieka ir jo darbo metodas, ir pavyzdys, kaip veikti, kaip savo jėgas panaudoti gyvenime. Kas buvo būdinga jo veiklai, gali mokytis ir sekti ne vienas. O būdinga štai kas:

1. Dirbti keletą darbų tuo pačiu laiku, ir dirbti greitai, sėkmingai, praktiškai.

2. Derinti bažnytinius reikalus su visuomeniniais, tautiniais ir kultūriniais.

3. Vartoti žodį ir plunksną abiem kalbom - anglų ir lietuvių,

plačiai koresponduojant ir reaguojant į viešąją opinią.

4. Talkinti kitų vadovaujamiems darbams ir pačiam vadovauti vieną ar kitą darbo sritį pastoviai, neatitraukiant rankų.

Velionis buvo realistas ir kartu idealistas; bažnytinis žmogus ir kartu patriotas; protingai pažangus ir kartu tradiciniškas bažnytinė, tiek tautinė veikloj. Religija jam buvo neatsiejama nuo gyvenimo, neuždaryta vien bažnyčioje ir klebonijoje, lygiai kaip tautybė nepasmerkta, nenuplakta, neišjungta iš kunigo misijos.

Lietuvio kunigo paskirtis emigracijoje niekad nebuvo lengva, ypač nelengva derinti kelias emigracijas ir generacijas. Tačiau kun. Jonas sugebėjo būti tėvas ir vadas visiems lietuviams be skirtumo - išlavintiems ar paprasčiau, seniems ateiviams ar naujiems.

Jis gal nebuvo šiltas ar jausmingas tėvas. Buvo vyriškas, kietas, kartais neišvedamas iš savo kelio, kai kada gal ir neperkalbamas, bet visada sukalbamas svarbiais ir gyvybiniais klausimais. Jis neieškojo populiarumo ir asmeninių draugysčių - neturėjo tam nei laiko. Vengė ir išvengė žmogiškų ipročių, kurie suėda laiką ir energiją tuščiai, beprasmiškai. Jis buvo vadas, kuris nesismulkinas, nesiblaško, nesiskundžia, tik dirba pats, nurodo kitiems ką dirbti ir koncentruojasi į būtinus uždavinius.

Jo gyvenimas ne kartą buvo vienišo vilko gyvenimas. Nežiūrint daugelio ištikimų darbo draugų ir gerbėjų, pasisklaidžiusių po visą kraštą, čia pat jis jų beveik neturėjo. Jo gyvenimas buvo tik darbas, nepertraukiamas ir neužbaigiamas, išskyrus keliones į užsienius - po pasaulį su dviem savo broliais kunigais. Ir paskutinioje kelionėje jis užbaigė viską - ir darbus ir veiklą. Lūžo, kaip lūžta išaugęs ažuolas. Dzūko Krėvės palyginimas apie Grainio liepą tinka ir šiam dzūkų tėvų išaugintam sūniui.**

Ir nesakykit, mieli tautiečiai, kad mes neturime pasišventusių ir šviesių kunigų. Turim, tik kol turim, dažnai jų nematom. Turėjom Burbą, Kaupą, Staniukyną, Marijoną Navicką, Švagždį ir daugelį kitų, nekalbant apie tuos



Rev. Jutt speaking at a recent Convention.

veteranus, kurie dar tebėra gyvi. Ar prie šių eilės nesirikiuoja ir mūsų velionis?

Žiūrint žmogiškai, net šiame gėdėjime, kyla savotiškas pasididžiavimas ir džiaugsmas: "Štai, kokių žmonių mes turime! Štai, kokių vadų išugdė emigracija, netgi pirmoj generacijoje, kuri laikoma neryžtinga, neapsisprendusi, besiblaškanti tarp dviejų aušrų!"

Žiūrint krikščioniškai, velionis atliko garbingo žmogaus, gero Amerikos lietuvio ir brandaus kunigo misiją. Dabar jis yra Dievo prieglobstyje, jo teisingumo ir gailėstingumo rankose. Mes tikime, kad jis pilnai užtarnavo amžinosios šviesos ir ramybės. Bet jeigu jam reikia mūsų maldų, priimk jas Viešpatie! Jei reikia aukos, priimk šią nekruviną auką, kurią už jo vėlę aukosime!

Kai melsimės per šias Mišias, jis dar kalbės mums - tyliai, kiekvienam atskirai ir tom grupėm, kurios čia atstovaujamos. Bandykim įsiklausyti:

- Ne man garbė už tuos darbus, ne man! Ar būčiau tapęs kunigu ir tesėjęs šiame pašaukime be Jo valios, globos ir malonės?!

- Neliūdėkit ir nesijaudinkit dėl mano mirties, tik žiūrėkit,

kad mano vietoj nestigtų jūm savų kunigų!

- Nedėkit ant mano kapo vainikų, geriau vainikuokit darbus, kurių aš nebaigiau - Dievo darbus jo tautoje.

- Vyčiai, mano didžioji meile, būkit riteriai: tęskit kovą už Lietuvos laisvę, nes ji pati to negali daryti!

- Broliai kunigai lietuviai, jūsų darbas yra didelis, sunkus ir labai reikšmingas. Glauskitės vieni prie kitų Kunigų Vienybėje ir dirbkit sutartinai!

- Lietuvių Bendruomenės vadai, man jūsų darbas atrodė gražus ir šventas: tęskite jį nepavargdami!

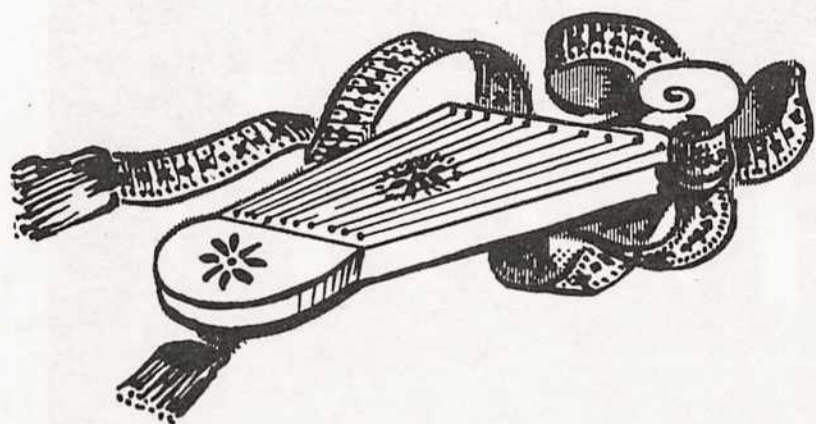
- Mano brangūs parapiečiai, būkit uolūs šv. Kazimierel! Kai žvelgsit į prisikėlusiojo Kristaus paveikslą virš altoriaus, prisiminkit: visi susitiksime prisikėlimel!

**Tėvas Konstantas ir motina Beatričė Mereskevičiūtė gimė Švobiškio kaime, Alovės par., Alytaus aps.; pirmasis atvyko į JAV 1903, antroji 1911, vedė 1913 Westfielde, Mass.

Lithuanian Song Festivals . . .

A Nation's Pride

by Loretta J. Stukas



Lithuania's folk song - her famous "daina" - has for centuries been the stronghold of her culture. It helped Lithuanians celebrate good fortune and survive tragedy, and kept a part of Lithuanian culture alive when outside forces tried to erase all traces of Lithuanianism.

When Lithuania began to awaken as a nation, the "daina" emerged as one of the few items in her culture untainted by foreign influence. Throughout the country, choirs were formed and composers began improvising on folk themes or just putting existing folk songs into writing.

By the time Lithuania officially declared her independence, and began establishing a national identity, the "daina" was well-established as a pure Lithuanian art form and peasants and intellectuals alike were enthusiastically singing these songs not only in their fields and homes, but also in organized choirs all over the country. Many choirs were presenting joint concerts in various communities - thus paving the way for larger festivals.

The initiative of Juozas Zilevicius and the facilities of a free nation gave birth to the first national Folk Song Festival, which took place in Kaunas in the summer of 1924. 80 choruses with over 3000 singers participated. Directors were J. Naujalis, St. Simkus, and J. Starka. The combined choruses' repertoire was relatively simple, and several choruses individually performed more elaborate numbers.

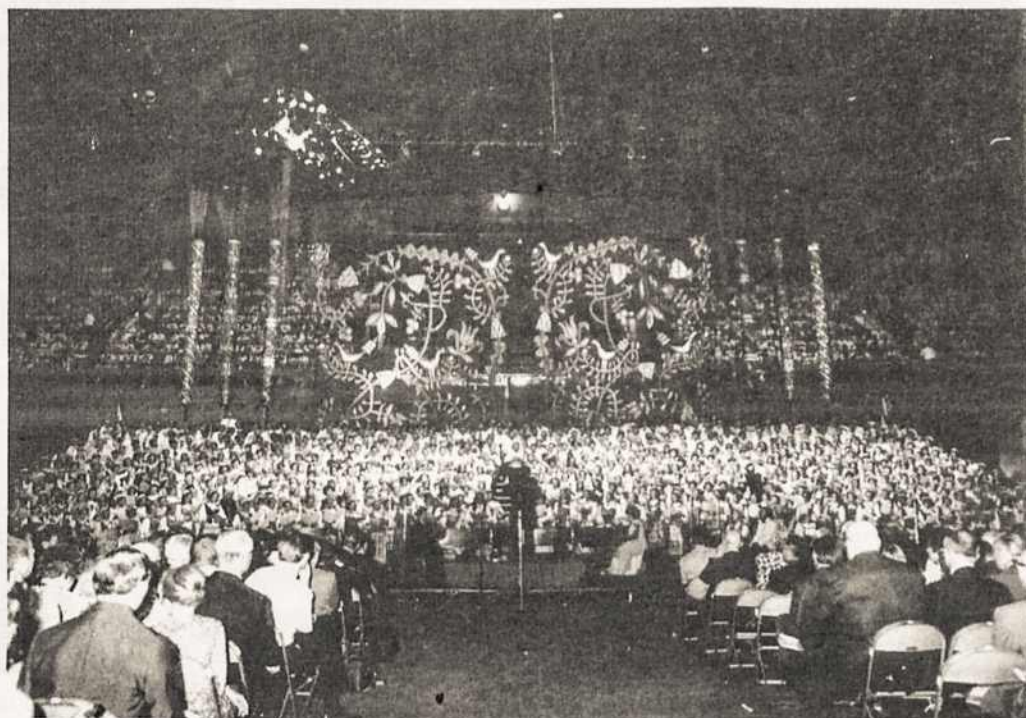
A second "Dainų Šventė" took place in 1928, commemorating the 10th anniversary of Lithuania's Independence. About 8000 singers participated this

time, with St. Simkus and J. Gruodis directing. The combined choruses of Klaipeda, directed by A. Vaiciunas, also appeared separately, again with a more complicated program.

The third "Dainų Šventė" in Lithuania was organized 2 years later, 1930, to commemorate "Vytautas the Great" year. Political misunderstandings almost split the festival into two separate fests, but unity was restored a few months before the festival, and the songs won out over politics. The "show went on", with 8000 singers again participating (perhaps fewer than has been hoped for) and with less preparation, but with a great deal of success nonetheless.

No more attempts were made to have a National Song Festival in Free Lithuania, but numerous sectional festivals were held prior to Lithuania's new occupation by Russian, the German, and then Russian forces again. Refugees fleeing Lithuania's Communist oppression carried their love of song with them, and proceeded to organize Lithuanian Song Festivals in other parts of the world. In 1946, Wurzburg, Germany was the one of such a festival, and in 1966 even Lithuanians far-off Australia had a gigantic "Dainų Šventė". Song festivals have resumed again in Lithuania even under Communist Russia's occupation.

While free Lithuania was singing in festival form, early Lithuanian immigrants to the USA followed suit. As early as 1920, Chicago enjoyed many combined chorus concerts and called them Song Festivals, featuring some 1000 singers each time. In 1939, about 3000 singers presented a Lithuanian Song Concert at the N.Y. World's Fair



1971 - The Festival's Mixed Chorus (left) and, . . . part of the audience.

V. Noreika photos



Festival Directors, Soloists, and Accompanists await the program's start.

Photo V. Noreika

under the direction of J. Zilevicius. New England also had many joint Lithuanian song fests and the coal-mining region of Pennsylvania sponsored such festivals annually.

After World War II, a new crop of Lithuanians arrived in the USA, including many musicians, directors, composers and singers. A large USA and Canada Song Festival, "Dainų Šventė" was organized and held in July, 1956, in Chicago, with about 1000 choristers, representing various parts of the USA and Canada, participating. Directors were Vl. Baltrusaitis, A. Mikulskis, St. Sodeika, K. Steponavicius and Alice Stephens. J. Zilevicius was Honorary Director. This festival initiated the idea of including in the repertoire not only very simple folk melodies but also a selection of more difficult music and some modern Lithuanian compositions. The Festival was most successful, and thus was repeated in Chicago again in 1961 and 1966.

In 1964, during the New York World's Fair, some 1200 singers as well as 800 dancers participated in a vast Lithuanian Day Folk Song and Dance Festival, at the Fair's Singer Bowl. Lithuanian Day there went on record as the largest nationality day of the Fair.

This year, another magnificent "Dainų Šventė", featuring singers from all over the USA and Canada took place. The Festival was held in Chicago's International Amphitheater on Sunday, July 4.

Vincas Mamaitis, President of the Lithuanian Organists' League and Honorary Director of the festival, received the baton from the last Festival's Honorary Director, Alice Stephens, and directed the chorus in the singing of the Anthems, and a Prayer for the Motherland, (by J. Naujalis). Directors Algirdas Kacanauskas, Bronius Jonusas, Vaclovas Verikaitis and Petras Armonas directed subsequent numbers - an enjoyable selection of folk songs, marches and other compositions.

Selections by a combined children's chorus, directed by Faustas Strolia and Stasys Slizys, were especially well-received by the audience. The festival was concluded with a rendition of the Cantata - "The Bright Path of Lithuania", dedicated to Lithuanian teachers, by Bronius Budriunas. The Cantata featured soprano Prudencija Bickiene and bass Jonas Vaznelis, and the combined choruses

and was directed by the composer himself.

If love and enjoyment of a nation's songs contribute to the preservation of her culture, then Lithuanian culture indeed received a very strong boost on that sunny Sunday in Chicago! All who listened or sang truly went away enriched and inspired, and with the sound of the beautiful Lithuanian "daina" ringing in their ears.

Our sincerest congratulations to all who made this magnificent Lithuanian Festival a success.



Photo - V. Juknevičius

K of L Honorary Member Aleksandras Aleksis, of Waterbury, Conn., is congratulated by Sister M. Bernarda, SSC, of Maria High School, on the receipt of a Special Award.

At the Festival's Closing Banquet, at the Conrad Hilton Hotel, the famed Lithuanian Musicologists, Prof. Juozas Zilevicius and Prof. Aleksis were awarded medals in recognition of their long, outstanding and dedicated service as composers, conductors and leaders in promoting Lithuanian Culture.

Dr. Jonas Zmuidzinis, Lithuanian Consul General of Canada, read the Citation and Col. Antanas Reklaitis, Executive Vice-President of the Song Festival Committee made the presentation.

THE FOUNTAIN OF YOUTH

By Tony Yuknis

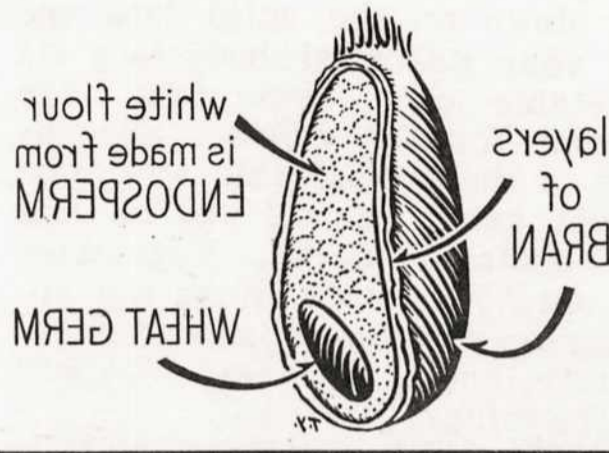
Ponce De Leon once searched for a legendary "Fountain of Youth" in what is now Florida. He never found it because it was strictly legendary. However, in modern times scientists have discovered a simple substance that prolongs youthfulness and retards the aging process of the body cells. This substance is simply called vitamin E.

Vitamin E retards the aging process by preventing body cell membranes from becoming poisoned by oxygen. Dr. Albert Barber, chairman of the U.C.L.A. zoology department, recently stated that combining of oxygen with the lipids (peroxidation process) is similar to the combining of oxygen with iron which causes rust, or the air action on paint which causes it to dry and harden.

"Everyone should get an adequate amount of vitamin E because lack of this vitamin is known to shorten the life span of laboratory animals," Dr. Al Toppel of the University of California recently stated. He contends that every person should get a minimum of 30 milligram of vitamin E daily, which is recommended by the National Research Council's Food and Nutrition Board. Studies have shown that the average person gets a daily intake of seven milligrams only.

Foods containing vitamin E are natural whole grains, unrefined cereals, unprocessed vegetable oils, lettuce, animal organ meats such as liver, pancreas and heart. Raw wheat germ and oil are the richest sources.

In the United States an appalling one million people suffer from



heart attacks or strokes. According to an alarmed Senator George McGovern (S.D.) one-half million people succumb yearly. Even 25,000 children are afflicted with heart ailments.

"There was no coronary thrombosis in 1900 and there need none be in 1980," Canadian Dr. Wilfrid Shute remarked. He blames the heart diseases tolls in the U.S.A. and Canada to the modern milling processes which removes the spoilable, vital wheat germ from white flour and products made from it. As a result, he says, almost everyone suffers from a vitamin E deficiency. In 1910 the baking of commercial white bread commenced, stripped of essential vitamins B complex and E, which could stay on the shelf for days without spoiling. From that time on there was a steady rise in heart disease, diabetes and kidney diseases.

Vitamin E was originally called the "fertility vitamin" because it was earlier applied to women functions. Dr. R. James Shute began using it in 1933 to prevent abortion. His sons, Drs. Evan and Wilfrid, later founded the Shute Foundation for Medical Research in London, Ontario. In 30 years they treated over 30,000 cardiac patients with vitamin E with over 75 per cent success. This is a considerably better survival percentage than that of heart-transplants! Dr. Wilfrid refers them as "so many failures". The difference is that the surgery received world wide attention while the Shutes have not yet received their due.

Dr. Wilfrid proved that vitamin E is a biological anti-oxidant which "prevents premature and undesirable oxidation of lipids in the blood stream". Alpha tocopherol (E) reduces the heart's need for oxygen from 50 to 250 per cent. It has the ability to dissolve fresh thrombi (clots) in coronary arteries, veins and peripheral vessels. It can lead to clinical improvement in angina pectoris, Burger's disease, arteriosclerosis, diabetic and arteriosclerotic primary gangrene or its retinitis (eye inflammation), and to a lesser degree cerebral artery thrombosis (stroke). Users of vitamin E have claimed that it has relieved leg cramps.

Dr. Shute revealed that during a one year period he had 160 physicians as his patients. "Everyone in California is using vitamin E for heart disease treatments," one patient remarked.

People can better resist the toxic effects of air pollution by getting a daily intake of 30 milligrams or more of vitamin E, Dr. D. B. Menzel revealed to a scientific conference in Miami. "Mice fortified with vitamin E lived twice as long as the unfortified ones," He stated. The unfortified ones died within 8 days.

The doctor stressed the fact that the vitamin was not a "cure-all" for chronic cases of emphysema or edema (dropsy), but it could deter them in their early stages. Dr. Menzel's research gave evidence of a definite protective effect of the vitamin against biological damage by air pollution. Vitamin A works with E harmo-



nously by preventing the mucus membranes from drying out thereby preventing infections. Vitamin E protects vitamin A.

The Apollo 11 astronauts, Armstrong, Aldrin and Collins, were better prepared for their moon journey than previous teams. They did not suffer convulsions because they were taking vitamin E. Living in pure oxygen can become toxic to the system. The vitamin reduced their blood's need for oxygen.

To reverse the benefits of vitamin E one should drink beer, eat plenty of fatty food and smoke. Previously it had been shown that smoking constricts the smaller arteries. The research work of Dr. Lillehi and Dr. Misirliogu at the University of Minnesota, recorded in a scientific paper presented to the American Medical Association's 112th annual meeting, was interesting. They reported that phosphatases (belonging to a family of enzymes) is a chemical policeman that dwells on the inside linings of the arteries. Its job is to dissolve fibrin, the substance needed to clot blood. While exercise frees the fibrin from the artery walls, beer, nicotine and solid fats inhibit this life-saving action. Other common alcoholic beverages did not show any effect on the blood clot destroyer. Another factor in the decrease of the police force is a vitamin deficiency (coenzymes) which works, collaborates with the phosphatases. Isn't this a good reason to take a daily vitamin supplement, and be sure

that you have a maximum police force working for you?

American who eat off the fat of the land need more vitamin E for the system to process that fat. Otherwise the super-oxidized fats are deposited on the walls of the arteries. It is smart to cut down on the solid fats and get your essential body fats via vegetable oils. Some fats are needed for the correct absorption of the fat-soluble vitamins. Wheat germ has oil and is what the doctor ordered. Vegetables do not have much oil so the vitamins will not be absorbed completely, but added salad oils will do the trick.

Here are sources of vitamin E measured in milligrams per hundred grams. In more simple language its about half a cup or 3 ozs: Wheat germ (30 m), and wheat germ oil (320 m); rye and barley oil (245 m); linseed oil (113 m); soybean oil (110 m); corn oil (91 m); cotton seed oil (81 m); peanut oil (20 m); coconut oil (8 m); cabbage and lettuce (6 m); eggs and butter (3 m).

Wheat germ contains 10 per cent oil besides the vitamins B complex (thiamin B-1, riboflavin B-2, traces of B-6 and B-12) and vitamin E (alpha tocopherol). It contains niacin, choline, inositol, iron, phosphorus folic acid, sodium, panththenic acid and magnesium. Compare this list to the processed cereals in the super market.

While the Shute doctors were enjoying 30 years of success in Canada, American doctors didn't recognize that fact until recently.

Drs. Cheraskin, M.D., and Ringsdorf, D.D.S., of the University of Alabama authored a paper on "The Daily Vitamin E Consumption and Reported Cardiovascular Findings," which was published last year in Nutrition Report International. Their long-term study embraced 433 persons.

Physicians have stated that diabetes and hardening of the arteries commences in the childhood days when the kids are fed too much candy, cakes, pies, soda pop, chewing gum, chocolate milk and other refined sugar concoctions. Obesity or malnutrition paves the way to arterial degeneration, when after the age of 40, symptoms become more pronounced.

The Alabama doctors reported that during the one-year period study that the group that took 30 milligrams of vitamin E or more daily showed that cardiovascular symptoms were checked. However, the group that had a haphazard intake of E showed no clinical improvements. It is no wonder that Dr. Evan Shute said that vitamin E (alpha tocopherol) had a mysterious and marvelous effects on the heart and arteries. That it was better than man made medicine.

A reknown pathologist, Gideon Wells, once said that the person who discovered the prevention or treatment of hardening of the arteries has found the key to eternal youth. A person is as young or old as his arteries. The Fountain of Youth may have been found for the people who are determined to use it.



ATTENTION TRAVELERS...

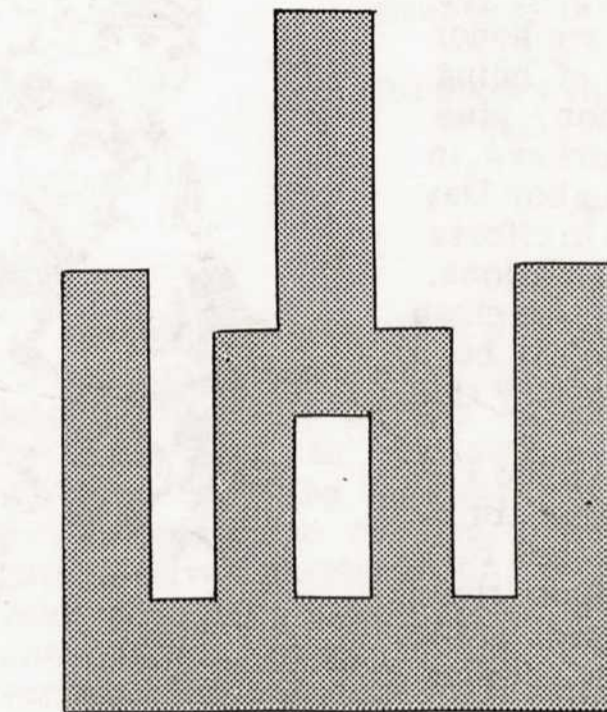
Next July (1972), the Knights of Lithuania is planning a gala SOUTH AMERICAN FIESTA... a two week visit to 5 countries of South America... Columbia, Venezuela, Brazil, Argentina and Uruguay. Special emphasis will be place on visiting Lithuanian colonies in those countries, meeting their youth, and exchanging ideas, cultural programs, etc. Details will be discussed at the National Convention, and will be announced in future issues of VYTIS.

LIETUVOS VALSTYBĖS SIMBOLIAI

Pov. Dirkis

Kiekviena valstybė turi savo simbolius. Lietuvos valstybiniai simboliai yra: Vytis, vėliava ir Gedimino Stulpai. Ši kartą pakalbėsime tik apie Vytį ir Gedimino Stulpus, o apie vėliavą - kitą kartą. Juk Vyčiams yra būtina žinoti mūsų valstybės simbolius ir jų reikšmę.

Vytis, Lietuvos valstybinis ženklas, vaizduojas baltąjį raitelį raudona me dagne. Raitelis - riteris, karžygis - skrieja užsimojęs kalaviją. Kitaip tariant, riterį ant balto žirgo, vaizduojamą Lietuvos valstybės ženkle, vadiname Vytimi. Vytis išreiškia kovojančią Lietuvą. Seniau jai teko kovoti su vokiečių's kryžiuočiais vakaruose ir su rusais maskokiais rytuose. Vytis dėl to ir skrieja abiem kryptimi. Tai matome senuose valstybiniuose anspauduose bei piešiniuose. Tik ilgainiui nusistovėjo viena - kairinė arba vakarinė Vyties kryptis. Ji buvo priimta ir Nepriklausomoje Lietuvoje.



Paskutinės vokiečių okupacijos metu vienas kitas menininkas buvo bepradėjęs piešti Vytį, jojantį dešinėn, arba į rytus. Tuo lyg norėdami pabrėžti Lietuvos priešinimąsi prieš rusus, ne prieš vokiečius. Tai neprasmingas aiškinimas. Lietuva savo ženkle niekada nereiškė vienašališkos kovos. Vytis reiškia valstybės savaran-

kumą, dėl kurio kovojama su visais priešais, iš visų pusių.

Bendrai Vytis simbolizuoja fizinę jėgą, dvasinį didvyriškumą ir kūrybinę galią.

Gedimino Stulpai yra antrasis valstybinis ženklas, išlikęs nuo Didžiojo Lietuvos Kunigaikščio Gedimino (1316-1341) laikų. Jis matomas senovės piniguose ir valstybiniuose anspauduose. Gedimino Stulpus sudaro geometrinis brėžinys iš stačių ir gulsčių linijų. Stačios linijos simbolizuoja dvasinę sritį, o gulsčios - žemiškąją.

Be to linijos sudaro tris stulpus (vidurinis mažesnis) ir trejus vartus. Du kraštutiniai stulpai (aukštieji ir dveji atviri vartai) vaizduoja Lietuvos rytų bei vakarų sienas ir atvirą kelią į jūrą ir žemyną.

Viduriniai uždari vartai vaizduoja kažkokią pilį, ant kurios stovi trumpesnis stulpas, lyg vėliavai pakelti, ir primena uždara, savitą lietuvišką dvasios gyvenimą.



KAS YRA "ELTA"?

Pov. Dirkis

Daug kas iš senesniųjų vyčių mane yra klausę - kas yra ta "Elta" ir kaip ji atsirado Lietuvoje?

"Elta" nėra koks nors gyvulys, žvėris ar paukštis, bet Lietuvos žinių centras. Tai buvo ypatinga įstaiga, kurioje budėdavo keliaukšto rangotarnautojai ir priimdavo žinias iš visų šalių. Jas sutvarkę siųsdavo spaudai - laikraščiams. Ir dabar čia, išeivijoje, Vlikas turi tokią instituciją New Yorke, kuri atlieka "Eltos" funkcijas.

"Elta" yra tokia įstaiga, kuri visas žinias duoda tokias, kokias gauna. Savo nieko neprideda nei atima,

Taip pat ji nedaro iš tų žinių jokių ypatingų išvadų. Lietuvoje "Elta" įsteigta drauge su atsikūrusia Lietuvos valstybe. Jos ikūrėjas ir organizatorius buvo dr. prof. Juozas Eretas, kuris dar tebėra gyvas: gyvena Šveicarijoje ir rūpinasi Lietuvos reikalais. Jis yra taip pat ir Vyčių narys.

"Eltos" vardo istorija buvo tokia. Iš karto ji vadinosi L.T.A. kas reiškė Lietuvos Telegramų Agentūrą. Kad tos trys raidės būtų lengviau tarti vienu žodžiu, pridėjo dar raidę E ir išėjo "Elta".

Labor Day, the first Monday in September, is a day when Americans honor labor. On this day, midway between Independence Day and Thanksgiving, people throughout the country join in saluting the millions of men and women who are employed and whose manual work and skills produce the goods and services required by society.

Practically all American adults are, in the broadest sense, workers. But labor, as we honor it each September, involves the concept of being employed and the idea of manual exertion, plus whatever skills are combined with it. Workers, in this narrower sense, are those to whom Labor Day is dedicated, especially as they are united in efforts to secure better working and living conditions. They represent an indispensable part of American society. Because many of them have recently been called "the forgotten Americans", Labor Day this year can have a special significance.

American labor has come a long way since Labor Day was first celebrated in 1882. At that time, unions were few and weak; and workers when they went on strike were about as likely to lose their jobs as to win their demands. The earliest trade unions in the United States were founded during Washington's administration. These were local efforts, which often failed because of the hostility of the employers or the indifference of the workers.

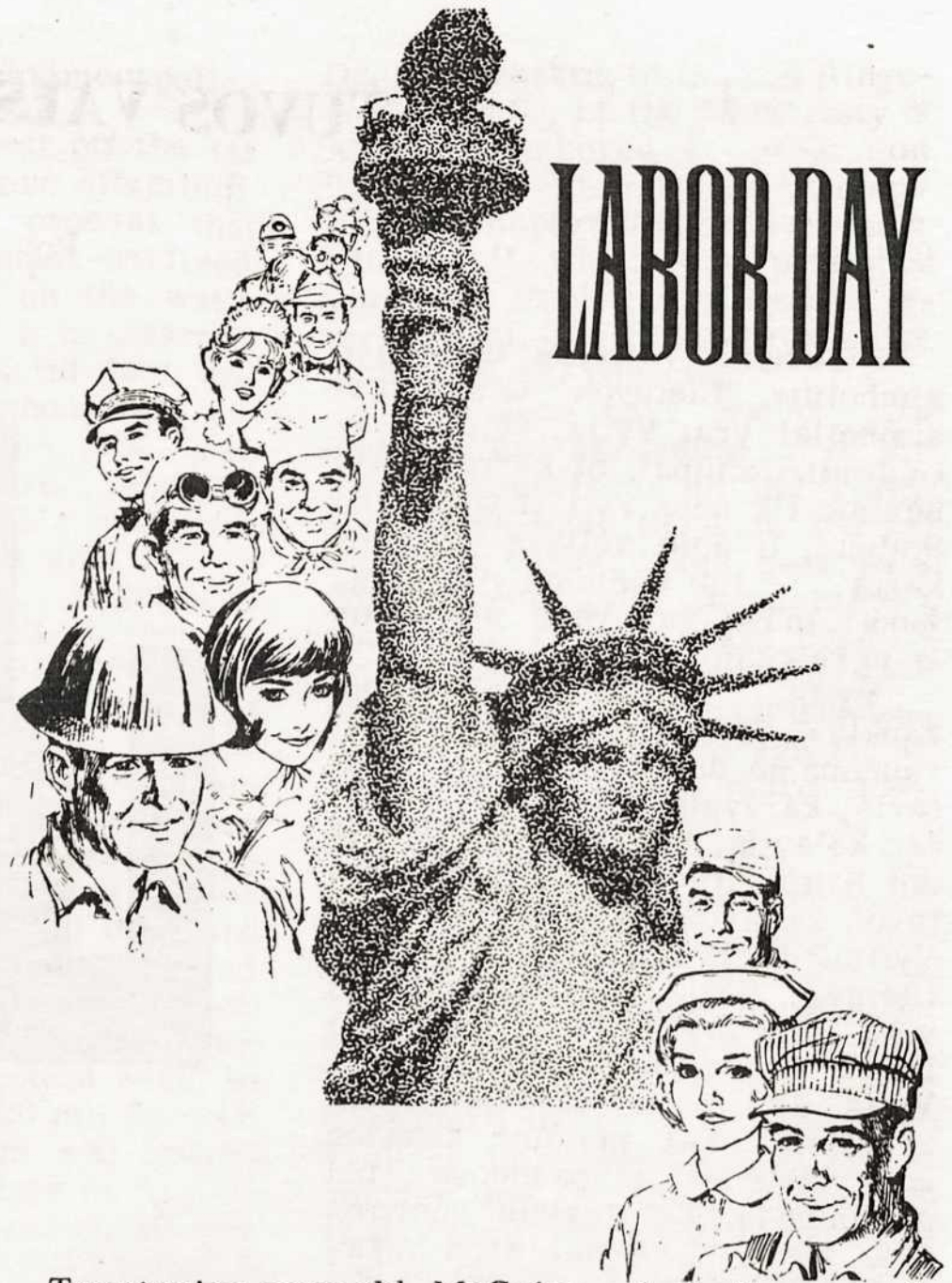
After the Civil War, an attempt was made to establish one big union for all types of workers, as well as skilled craftsmen. Only lawyers, bankers, stockbrokers and gamblers were excluded. At one time it claimed 700,000 members, but its diverse groups could not function effectively and the organization virtually disappeared by the end of the nineteenth century.

In 1886, skilled workers who felt that their needs were not being met by the Knights of Labor formed the American Federation of Labor (AFL), an organization of craft union which gave only limited power to the national body. Headed by an immigrant, Samuel Gompers, the AFL stressed the economic weapon of the strike rather than political action.

No serious effort was made to organize the country's unskilled workers until the 1930's. Then, a group of organizers led by John L. Lewis, president of the United Mine Workers, set up the Committee for Industrial Organization (CIO) to mobilize workers in America's mass production industries. This new group utilized the weapon of the sit-down strike so that non-union workers could not be brought in to run struck plants.

The Committee became the Congress of Industrial Organization in 1938; but merged with the AFL in 1955. Today, the AFL-CIO dominates the American labor movement. However, there are important groups, including the miners, the teamsters and the automobile workers, who are outside the organization. There are many local unions, however, which have no national affiliation and also millions of workers who are not yet unionized.

A day to honor Labor was first suggested by a union leader, Peter J. McGuire, at a meeting of the New York Central Labor Council in May 1882.



Twentynine year old McGuire, who had been working since the age of thirteen and who was the son of an Irish immigrant, called for a day which would be "no festival or martial glory or warrior's renown... but a day devoted to peace, civilization and triumph of industry."

The Labor Day idea spread rapidly. It was endorsed by the newly formed AFL in 1886. Oregon made it a legal holiday in 1887. In 1894, Congress made it a holiday in the district of Columbia and in all U. S. territories. By 1923, all the states had recognized it.

The demands of the organizers of the first Labor Day celebration have long since been realized. The rights of workers to organize, to select their own bargaining agent, to negotiate on a basis of equality with their employers, to strike if necessary, guaranteed today. Reforms for which labor has fought including shorter hours, better working conditions, improved free public education, the graduated income tax, minimum wage laws, unemployment insurance, paid vacations, pensions for retired and disabled workers have become a permanent part of the structure of American society.

With all the gains, however, there are still enormous tasks for the labor movement including the integration of minority groups into local unions; the mobilization of millions of unorganized workers and preparation of the labor force for technological advances and increased automation.

Today organized labor continues to play an important role not only in behalf of its own members but in furthering the welfare of the entire community.

(ACNS)

58TH NATIONAL CONVENTION

The members of the N.E.D. Councils are looking forward to welcoming all K. of L. delegates and members to the coming National Convention at Kennebunkport, Maine during the week of August 23, 1971. Preparations are being finalized for your leisure hours as well as the Convention business.

ACCOMODATIONS:

First of all we hope by now you have all made your reservations, for we did warn you that the rooms at the Monastery are limited and it would be on a "first come first serve" basis. The Guilford House, directly across the street, has promised first choice on accomodations with reasonable rates. The Nautilus Motel, a few minutes away is also lovely but rates are higher. For those with transportation, Sea-Spray Motor Inn and the Sun Dial are directly on the beach, about three minute ride from the Monastery.

TRANSPORTATION:

Members flying in to Portland or using the Trailway Bus, service from Boston, and needing transportation to Kennebunkport, please notify Transportation Chairman Leo Shakelis - 76 Dana St., Cambridge or include the information when making reservations.

REGISTRATION

The registration fee has been established at \$24.00. Meals are available at the Monastery 1.00 for breakfast, 2.00 for lunch and dinner, with special prices for children.



We want to make this a family convention in more ways than one. Informality will be the keynote in dress and in our sessions. We are planning to have four panels and hope for more delegate active participation. Bring your thoughts, your gripes, your constructive ideas to this convention for we want you to be the guest Speakers.

Lets "let it all out" and hope the cool calming air of Maine will freshen our minds and help make this K. of L. family grow stronger.



SOCIAL HIGHLIGHTS OF CONVENTION WEEK:

WEDNESDAY: Planned program on some activities just named.

THURSDAY: "Down East Clam Bake" featuring Lobster. Dancing.

FRIDAY: Cultural Evening of dances and songs with audience participation. If you've been wanting an opportunity to wear your Prarie or Ethnic type dresses, this is it. Midnight buffet will be served.

SATURDAY: Convention Ball - Maybe a little formality this once.

SUNDAY: Early P.M. - Closing Banquet.

Check Out Time 4:00 P.M.

For your pleasure we offer the beautiful grounds of the Monastery with a well-kept tennis court, a spacious swimming pool and the beach just minutes away. Bring your camera... and bring your hiking shoes for the beautiful walk along the sea-wall to the Gazebo on the boat landing. Plenty of benches are available along the way to just meditate, enjoy the views, or rest your feet.

The town of Kennebunkport is picturesque, the Colonial Churches and old homes built in past generations are numerous throughout the area. The town features many hand-craft shops, gift stores art galleries displaying current works and a Mecca for antique lovers. There are numerous eating places, one to please every palate. Girls - they do have a Beauty Salon too! And fairly close by are several golf courses and bowling alleys, plus Historical Museums, Salt Water fishing, Playhouses for theatre goers. Information will be available for you.

BANQUET TO HONOR ROBERT BRIEZE

The National Convention closing banquet will honor Latvian ROBERT BRIEZE, presenting him with the annual "Friend of Lithuania" Award for outstanding service to the Lithuanian cause during the past year. Mr. Brieze was aboard the U.S. COAST GUARD SHIP "THE VIGILANT" during Simas Kudirka's ill-fated attempt to gain asylum last November, and it was mainly through the efforts of Mr. Brieze that the public was made aware of the seaman's cruel fate.

KNIGHTS OF LITHUANIA 58th NATIONAL CONVENTION

AUGUST 26 - 29, 1971

FRANCISCAN MONASTERY
KENNEBUNKPORT, MAINE

WEDNESDAY – AUGUST 25, 1971 – FREE TIME

THURSDAY – AUGUST 26, 1971

9:00 A.M. – FIRST PLENARY SESSION

1. Call to order of the National Convention by the President
2. Invocation
3. Anthems – American, Lithuanian, Knights of Lithuania
4. Roll Call of the Supreme Council Officers
5. Welcoming Addresses:
 1. Chairman of the Convention Committee
 2. The President of the New England District
 3. The Clergy and Dignitaries
6. Presentation of the Agenda to the Convention for Approval
7. Presentation of nominees for the Presidium and Convention Committees for approval by the delegates.. (Note: Nominating Committee consist of District Presidents. Nominations from the floor will also be accepted.)
8. Convention is turned over to the newly-elected Presidium
9. Reports: –
 - Rev. Albert Contons, Spiritual Advisor
 - Dr. Jack J. Stukas, National President
 - Stella Sankal, National Treasurer
 - Algerd Brazis and Frank Gudelis, National Trustees
 - Report of the Minutes Committee
10. Adjournment – Prayer
11. Holy Mass – Chapel
12. Luncheon

2:30 P.M. – SECOND PLENARY SESSION

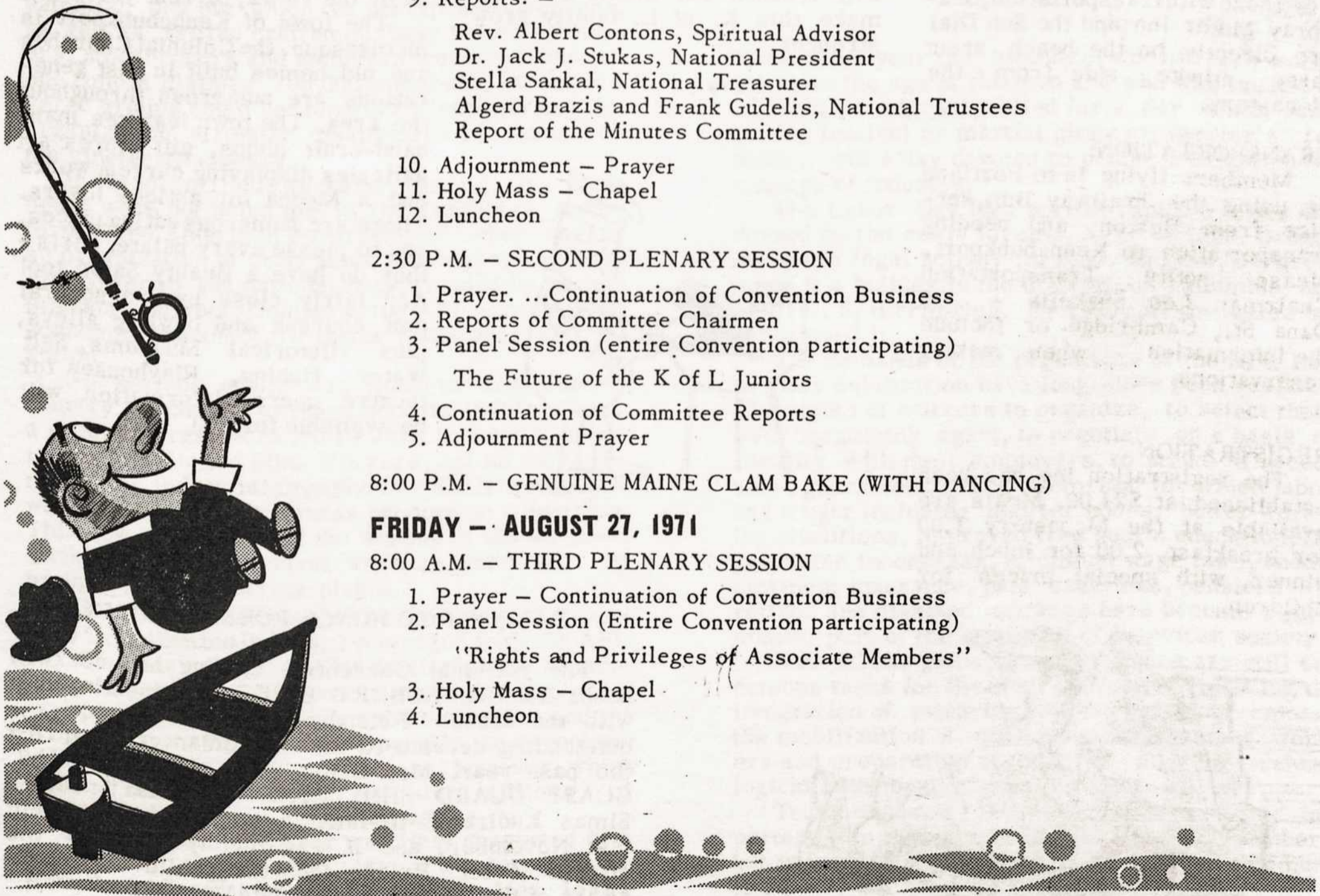
1. Prayer. ...Continuation of Convention Business
2. Reports of Committee Chairmen
3. Panel Session (entire Convention participating)
 - The Future of the K of L Juniors
4. Continuation of Committee Reports
5. Adjournment Prayer

8:00 P.M. – GENUINE MAINE CLAM BAKE (WITH DANCING)

FRIDAY – AUGUST 27, 1971

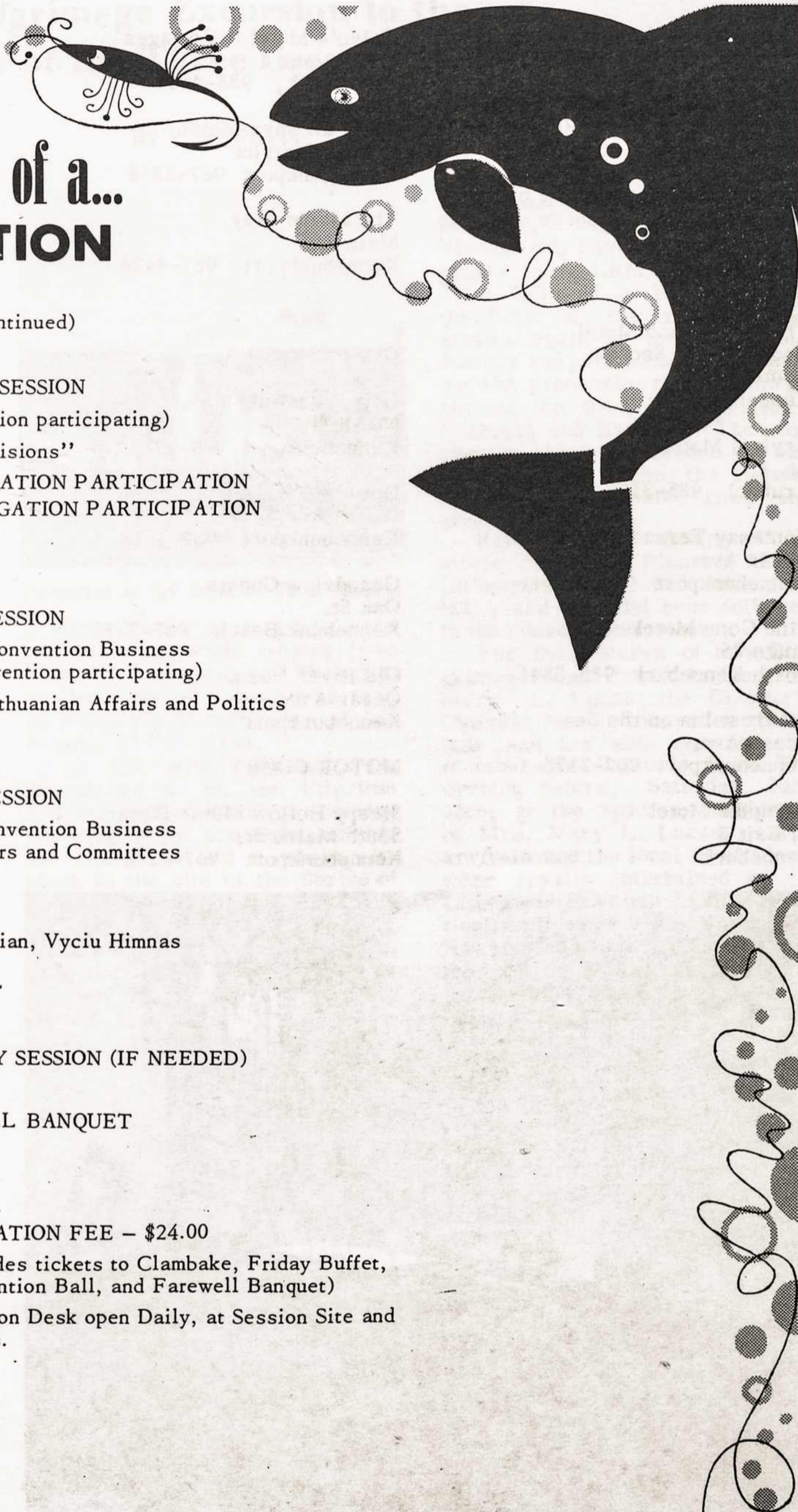
8:00 A.M. – THIRD PLENARY SESSION

1. Prayer – Continuation of Convention Business
2. Panel Session (Entire Convention participating)
 - “Rights and Privileges of Associate Members”
3. Holy Mass – Chapel
4. Luncheon



WOW

a whopper of a... CONVENTION



FRIDAY - AUGUST 27, 1971 (Continued)

FREE TIME AFTERNOON

8:00 P.M. - FOURTH PLENARY SESSION

Panel Session (Entire Convention participating)

"Ritual Requirements and Revisions"

FOLK SINGING - DELEGATION PARTICIPATION

FOLK DANCING - DELEGATION PARTICIPATION

EVENING BUFFET - 10:00 P.M.

SATURDAY - AUGUST 28, 1971

9:00 A.M. - FIFTH PLENARY SESSION

1. Prayer - Continuation of Convention Business
2. Panel Session (Entire Convention participating)
K of L Participation in Lithuanian Affairs and Politics
3. Holy Mass - Chapel
4. Luncheon

2:30 P.M. - SIXTH PLENARY SESSION

1. Prayer, Continuation of Convention Business
2. Election of National Officers and Committees
3. Voting on Resolutions
4. Adjournment
5. Closing Prayer
6. Anthem: American, Lithuanian, Vyciu Himnas

8:00 P.M. - CONVENTION BALL

SUNDAY - AUGUST 29, 1971

9:00 A.M. - SEVENTH PLENARY SESSION (IF NEEDED)

Holy Mass

1:00 P.M. - CLOSING FAREWELL BANQUET

REGISTRATION FEE - \$24.00

(Includes tickets to Clambake, Friday Buffet,
Convention Ball, and Farewell Banquet)

Registration Desk open Daily, at Session Site and
At Socials.

For those delegates and guests to the National Convention wishing alternate accommodations, following is a list of local motels and hotels near the Monastery. Reservations must be made directly to the motel, etc., if you plan to stay there. Meals can still be had with the other conventioners at the Monastery.

MOTELS:

The Beachwood Motel
Goose Rocks Section
Route 9
Kennebunkport

Crystal Motel
Rt. 1,
Arundel 985-3520

Fontenay Terrace Motel
Ocean Ave.
Kennebunkport

Pine Cone Motel
Route 35
North Kennebunk 985-3541

Seacrest Inn on the Sea
Ocean Ave.
Kennebunkport 967-2125

Turnpike Motel
N. Exit 3
Kennebunk

Calvo's Motel & Cottages
U. S. Route 1
Kennebunk, 985-4543

The Fairways Motel
Wildes District
Kennebunkport 967-2338

The Maine-Stay
Main St.
Kennebunkport 967-4424

GUEST HOUSES:

Captain's Walk
North St.
Kennebunkport 967-2765

Howe's Guests
Ocean Ave.
Kennebunkport 967-4818

Grandview Guests
Oak St.
Kennebunk Beach 967-3376

Old River House
Ocean Ave.
Kennebunkport

MOTOR COURT:

Sleepy Hollow Motor Resort
South Maine St.
Kennebunkport 967-2274

HOTELS or INNS:

The Arundel Riverside
Sommerlyst
Green Heron
Ocean Ave. Kennebunkport
207/967-3315

Forest Hill House
Beach St.
Kennebunkport
(opposite Monastery)
207/967-3421

The Nonantum
Kennebunkport 967-3338

Sea Spray Motor Inn and Motel
Box 327
Kennebunk 967-2151

Seaside House and Cottages
Beach Ave.
Kennebunk Beach 967-4461

The Tides by-the-sea
Goose Rocks Beach
Kennebunkport 967-8965

Ye Olde Stagecoach Inn
22 Portland St.
Kennebunk 985-2123

The Colony
Ocean Avenue
Kennebunkport 967-3331

Guilford House
Kennebunkport, 04046

Kennebunkport Inn
Spring St.
Kennebunkport 967-4638

Narragansett By-the Sea
Box 34
Kennebunk Beach, Maine

The Port House
Ocean Ave.
Kennebunkport 967-3358

Shawmut Inn
P. O. Box 431 CC
Kennebunkport 207/967-3318

The Sun Dial
Beach Ave.
Kennebunk Beach 967-8972

The Wentworth
Sea Road
Kennebunk Beach 967-8964

Rates and added information are available from the Chamber of Commerce, Kennebunk, Maine.



Altar in the Chapel of the Franciscan Monastery, Kennebunkport, Me.

Pilgrimage Excursion to the Shrine of the Three Crosses, Dayton

By V. E. PAVIS

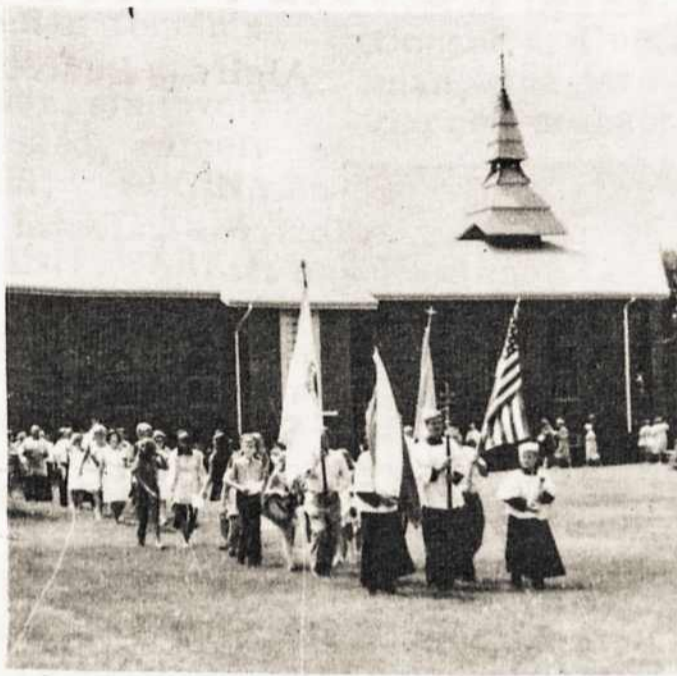
Mere words fail to adequately describe the sheer beauty of the K. of L. Mid-Central District's Solemn Pilgrimage to the Shrine of the Three Crosses at Holy Cross Church in Dayton, Ohio, Sunday, June 27th, 1971.

Knights and Ladies in surprising large numbers from practically every Council within the District, gathered together and joined in solemn reverence and adoration beseeching our Heavenly Father, in the name of Lithuania's martyrs, to bless the Land of our Fathers, to deliver her from the cruel ravages of bondage imposed by Soviet Russia, and to restore soon her independence.

At 10:00 a.m. the Pilgrimage ceremonies began with a solemn High Mass (in Lithuanian) that Rev. Father Titas Narbutas, M.C. District's Spiritual Director and local pastor, solemnized. His homily was timely, and inspiring. Almost every K. of L. Pilgrim received Holy Communion. The Holy Cross parish Choir is to be highly commended for its wonderful singing.

After Mass, coffee was served and the visitors were escorted to the homes of the Petkus, Miller and Scot families, all a short walking distance away, to view their individual Lithuanian Wayside shrines and to again enjoy refreshments. At 1:00 p.m. the Pilgrimage Luncheon was served. During the luncheon District President E. Pavis was honored on the occasion of his 64th birthday, with the presentation of a huge tastefully baked and decorated birthday cake, inscribed "Happy Birthday - Mr. President".

Promptly at 2:00 p.m., the Pilgrimage services began in the church under the guidance of Father Narbutas, ably assisted by Father Vincent Bartuska, professor from Manhattan College. Father Narbutas explained the Lithuanian motifs found in his church. Dayton's K. of L. Juniors in their procession to the Altar of Our Lady of Vilnius each placed



Procession to the Shrine of Three Crosses.

a single flower in a special vase on her Altar, while singing "Ave Maria". A prayer, in Lithuanian, to Our Lady of Vilnius was read by Honorary Member, Joseph Sadauskas of Cleveland.

At this point candles were distributed to all the Pilgrims and in a lighted candle procession the Pilgrimage proceeded outside the church around a whole city block to the site of the Shrine of the Three Crosses. At the Shrine, the K. of L. Juniors, under the direction of Mary Mikalauskas, sang the "Our Father". This was followed by a short address by Father V. Bartuska on the history of the Three Crosses in



Pilgrims placing candles at the Shrine of Three Crosses.

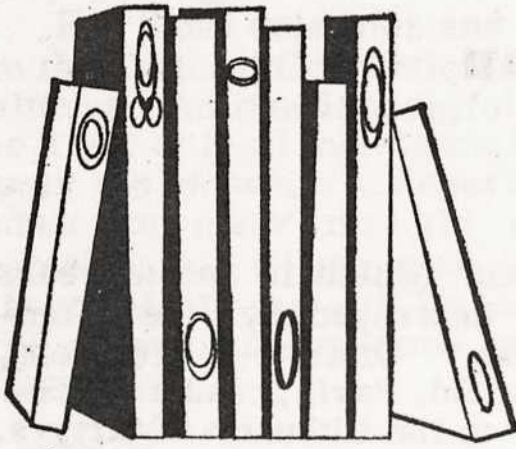
Lithuania (which in recent years were destroyed by the Communists). District President, Vincent Ed. Pavis, read a special prayer to the Lithuanian Martyrs. Then followed a Blessing with the Relic of the True Cross and singing again by the K. of L. Juniors and parish choir. Throughout the procession the pilgrimage recited the Rosary led by Fathers Narbutas and Bartuska. The procession then proceeded to the Shrine of St. John the Baptist for more impressive rites and singing.

Refreshments, viewing of the movie about the Blessing of the Lithuanian Chapel in Washington, D.C., and a social hour followed in the church auditorium.

For the success of this Pilgrimage much credit is due Mrs. Mary L. Lucas, the District's Catholic Action Committee chair-lady and her able committee members of Dayton's C-96. The evening before, Saturday, June 26th, at the spacious residence of Mrs. Mary L. Lucas, early arrivals and the local K. of L'ers were royally entertained at a Lithuanian-Hawaiian Luau. Practically all were dressed in fitting Hawaiian garb and leis. More than 100 non-Daytoners participated, representing Detroit, Pittsburgh, Cincinnati and Youngstown. All were well entertained, and well fed with a typical Lithuanian cuisine.

Prior to the Luau the District, again at Mrs. Lucas' residence held its semi-annual Executive Board session. This District Board meeting was one of the largest and best attended in many years. District President, Vincent Ed. Pavis, presided, Mrs. Stella F. Pavis was the Secretary. Various reports of all the District officers, Committee chairmen and Council Presidents were received and approved. As per the District's custom the District President was requested to represent the District at the National K. of L. Convention in Kennebunkport, Maine. Mrs. Stella F. Pavis, will be the second district delegate.

GOOD READING



THE ROYAL PRINCE: A Review

Algirdas Budreckis

It would be worthwhile for the Knights of Lithuania to pause and take notice of the cultural activities of the Polish Publication Society. This organization has both an ethnic (Polish) and Catholic orientation. The purpose of this society is to provide the American reading public with literature in English dealing with specifically Polish and Catholic themes. Thus, the Society has published works on the Poles in American history, on Polish folk tales and literary figures.

Of course, some of the titles are of relevance to the Lithuanian community in America. Who can deny the interest of informed Lithuanians in Adam Mickiewicz, Henryk Sienkiewicz and especially in Kosciuszko?

The Polish Publication Society has also initiated a series entitled "The Saints Who Made History." The first volume is the story of Saint Stanislaw Kostka. The second volume should be of particular interest to the Knights of Lithuania. Sigmund H. Uminski has written a work entitled "The Royal Prince - A Story of Saint Casimir."

Although Mr. Uminski calls St. Casimir "a royal prince and Pole," he proceeds with documentation to point out that Casimir's paternal lineage was Lithuanian. Mr. Uminski writes: "His great grandfather was Algirdas, who extended the boundaries of Lithuania to the Black Sea, who twice besieged Moscow, and who once was close enough to drive his

sword into the fortress gates of the Kremlin" (page 1).

Mr. Uminski points out that two other saints were connected with the life of Prince Casimir. One of them was St. John Capistran and the other was St. John Kanty, a teacher of Prince Casimir.

Although the work is written in a popular style with graphic descriptions of the royal court and university life in 15th century Krakow and although at times the intricacies of diplomatic relations are given too much attention in this biography, the author gives a fair account of the influence of the saintly prince on Polish and Lithuanian societies. An interesting chapter is devoted to Casimir's sojourn in Vilnius. The author is rather objective when it comes to Lithuanian matters. If this is indicative of the present trend among Polish-American scholars writing about the Grand Duchy of Lithuania, then their efforts are most welcome, for they will help patch up the misunderstandings created by chauvinistic writers of the first quarter of the twentieth century.

Mr. Uminski writes Lithuanian place-names according to Lithuanian orthography (viz.: Trakai, Antakalnis, Gardinas, Kraziai, Dauguva, etc.) Only Vilnius suffers from inconsistency, for the author calls it Wilna, Vilna and Vilnius in his work.

There are only two major historical errors of fact made by the author. First, he refers to

Grand Duke Vytautas as "Jagiello's gifted but self-willed brother Vitold (page 41). Any Polish primer will point out that Vitold (Vytautas) was the first cousin of Jagiello (Jogaila).

The second error was made when the author called chancellor Leonas Sapieha - "the Grand Duke of Lithuania Lion Sapiecha" (page 115). Yet these slips do not detract from the worth of the book.

Mr. Uminski's copious bibliography includes Albert Contons' St. Casimir the 500th Anniversary of His Birth (1958) and Zenonas Ivinskis' Šventas Kazimieras, 1458-1484 (1955). Missing is Rev. S. Yla's Šventas Kazimieras. The book contains 24 illustrations, including portraits by V. Jonynas (cover) and A. Galdikas, and several Lithuanian folk-art woodcuts.

Mr. Uminski emphasizes the special devotion of Lithuanian youth to St. Casimir and observes: "The Knights of Lithuania, founded in 1912, venerate St. Casimir as their official patron." (page 132).

"Royal Prince" is a valuable addition to the growing English language literature on Lithuanian and Polish history. It's polished and straight-forward style makes it a reading pleasure.

The Royal Prince, A Story of Saint Casimir, by Sigmund H. Uminski, Brooklyn, 1971, \$4.00. The Polish Publication Society of America, 21 East 17th Street, New York, N.Y. 10003.

58TH NATIONAL CONVENTION

AUG. 26, 27, 28, 29, 1971

FRANCISCAN MONASTERY

KENNEBUNKPORT, MAINE

**HOSTS - NEW ENGLAND
DISTRICT**

Lithuanians in The News

LITHUANIAN DEBUTANTES AT AMBER BALL

On June 20, 1971, the Chicago Lithuanian Women's Club presented its eleventh AMBER BALL, at the Conrad Hilton Hotel, Chicago. This year, six lovely Lithuanian young ladies were presented, namely Misses CHARLOTTE BRAZDZIONIS, REGINA ANNETTE DARESH, DENISE LORI HATTEMER, MARY JOYCE JUZENAS, MARILYN ANN SHARKO, and CECILIA MARITA STROM.

This gala affair, celebrated each year around the feast of St. John ("Jonines" in Lithuania), is replete with Lithuanian customs, and presents a most elegant look at Lithuanian culture. The Debutantes' March Melodies are popular Lithuanian folk songs which have been preserved and sung for many generations. VAINIKINE, the debutantes' graceful ceremonial dance, long ago was danced by young maidens. SUKTINIS, danced by the debs and their fathers, customarily opened balls and fetes in Lithuania. NEMUNO VILNYS is a waltz composed by the late Dr. Vincas Kudirka, and is also danced by the debs, their fathers, the post-debs and their escorts. The banquet hall is traditionally decorated in yellow, green, and red, the colors of the flag of free Lithuania. The aromatic herb Rue, or Ruta, symbolic of virtue and maidenhood, is worn by the debs. Post-debs wear the SAGSE or SAGE, an amber-colored floating panel, an adaptation of a stole worn by women of Lithuania as far back as the 14th century. Ornamental as well as practical, it was always pinned at the right shoulder. Of course, the deb's outfits would not be complete without a touch of amber... Lithuanian "gold", the stone of good omen, which has been worn by women of Lithuania for centuries, and is found in the Baltic Sea.

The evening featured music by the orchestra of John Byanskas. Walter Tenclinger provided

accordion music for the Debutante Dances.

Honorary Chairman of the event was Mrs. Petras Dauzvardis, wife of the Lithuanian General Consul at Chicago. Mrs. Herman Hofer was chairman, and Mrs. John Maluska was responsible for the choreography.



1971 AMBER BALL DEBUTANTES. L. to r., Charlotte Brazdionis, Marilyn Ann Sharko, Denise Lori Hattemer, Cecilia Marita Strom, Regina Annette Dares, Mary Joyce Juzenas.

In addition to the presentation of the debutantes, the Amber Ball also features the presentation of scholarships. This year, two scholarship recipients were LUCY NORVILAS and PAULA STAIŠIUNAS.

Our congratulations to the lovely Chicago Debs, their parents, the Scholarship winners, and to the Chicago Lithuanian Women's Club for their lovely means of preserving Lithuanian culture.

"NEW" CARMEN FEATURES SETS BY LITHUANIAN-BORN ARTIST

Lithuanian-born ARBIT BALTAS, sculptor-painter of expressionist style, has joined forces with American Mezzo-soprano Regina Resnik, to produce a CARMEN with a different slant, at the Hamburg Stage Opera. Under Miss Resnik's direction, the opera has a theme of gloom, rather than the familiar light, bright, and lively mood. Baltas designed the sets and costumes working for a unified presentation of the production, which had its first performance on June 6. The goal of their presentation is to delve into the "soul of the Bizet music". In this new production, a curtain

of a painting by Baltas, of Miss Resnik as the murdered Carmen is seen while the overture is being played, to establish the tragedy that ends the opera. Then, as the opera starts, the curtain becomes transparent and the colors and life of Seville are seen through it. The curtain rises, and the opera begins as a flashback from the overture.

This was Miss Resnik's first directing job and Baltas' first designing for the opera. They've also been hired to collaborate on presenting "Elektra" in Venice in Dec., 1971 and in Lisbon in 1972, but will also continue with their regular careers... singing for Miss Resnik and painting and sculpting for Mr. Baltas.



LITHS AT BALTIC WOMEN'S COUNCIL

The Baltic Women's Council commemorated its 24th Anniversary on May 23rd. The guest of honor, Honorable Marion Mill Preminger, PHD, LLD, Consul General of Gabon, World President of the Albert Schweitzer Circle and this year's recipient of the Humanitarian Award of the American Medical Center at Denver, was presented a scroll by the Council for her "... compassion and vigorous championing of a better world for all peoples... and her warm friendship for and understanding of Lithuanian, Latvian and Estonian peoples...".

Photo 1. to r.: Mrs. Galia Zilionis, immediate past president of the BWC; Aldona Zaunius, secretary, and Helen Kulber, Lithuanian Affairs and PR Chairman - NY Seniors 41; Dr. Preminger; Louis Stukas C-29, Newark, N.J., vocal soloist at event; Regina Zymantas - Ruta, program commentator. Miss Ruta has a weekly radio program on WRNW. (Photo - L. Tamosaitis).

LITHUANIAN TEENAGER DISCOVERS NEW BLOOD PROCESS

VICTORIA PAUKSTYS, a 16 year old senior at Austin High School in Chicago, has discovered a new, inexpensive way to identify the A type blood groups by using lima bean extract, says the Chicago Daily News. Working with Dr. Nicholas V. Costea at the Hektoen Institute, Miss Paukstys has tested about 250 blood groups with 100 per cent accuracy, but will have to test several thousand

blood groups before wide-spread use occurs. "The process would be very useful to blood banks because of its low cost," says Dr. Costea.

Miss Paukstys has received the Outstanding Biology Award, Special Award of the National Committee for Careers in Medical Technology, Travenol Lab Industrial Tour Award, Outstanding Teen-Ager of the Year Award, and will represent Illinois at the International Science Fair in Philadelphia. She plans to continue her studies at Harvard, University of Illinois or Northwestern University.

LITHUANIAN HERITAGE COMMITTEE

Some time ago a group of members of the Knights of Lithuania, C-3 (Philadelphia), formed a special committee, calling it the Lithuanian Heritage Committee. Its main goal is to inform the American public about Lithuanian history, literature, and culture.

The following seven members have worked very diligently to make this committee a success: Victor Balten (chairman), Joe Yanulaitis (co-chairman), Joe Petkunas, Diane Drumstas, Tony Birch, Mike Krivinkas, and Leonora Balten.

As their first undertaking they donated nine books about Lithuania, in the English language, to the Northeast Catholic High School Library at the closing of the school year. These books, which were presented by chairman Victor Balten to Miss Rutecki, the school librarian, were on special display in the school library for one week.

This year Lithuania is celebrating the 720th year of its founding as a state. Although this country has been under Russian Communist oppression since World War II, people of Lithuanian origin living in all the free countries of the world are constantly striving and fighting an unending battle to win independence for tiny Lithuania.



L. to r.: Mike Krivinkas, M. Rutecki-school librarian, L. Stupelyte, J. Friel-vice principal, V. Balten-chairman, S. Cardullo-president of student body.

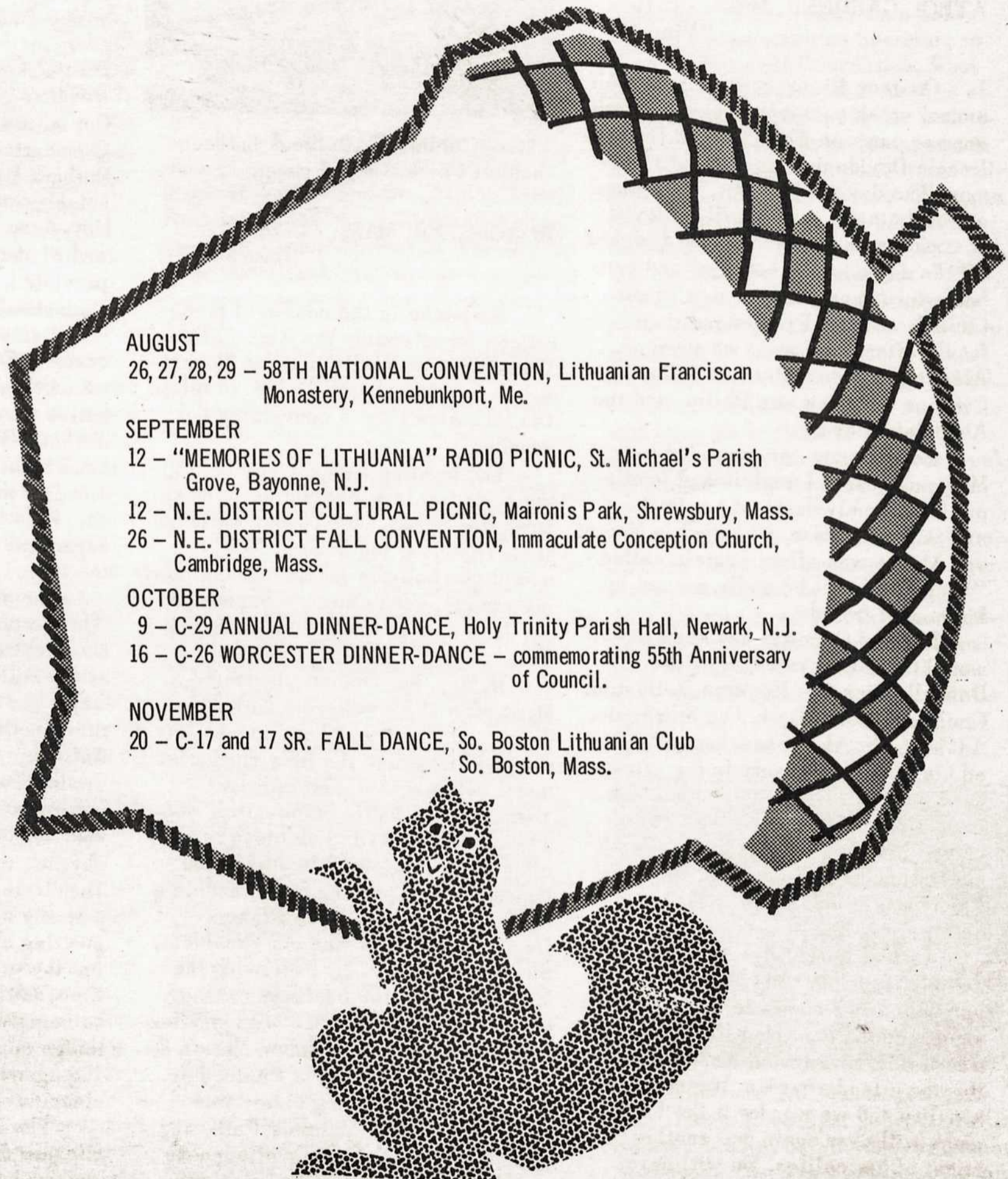
LITHUANIANS IN THE NEWS . . .

LITHUANIAN HERITAGE COMMITTEE (Continued)

By stressing their ethnic heritage, the Knights of Lithuania must constantly remind the world that this small Eastern European nation must not be forgotten, that the day must come when all the oppressed nations in the world will once again be free.

Simas Kudirka, the Lithuanian seaman, who recently attempted to flee from the Soviets, re-kindled the light of freedom in all of us. It is our duty to keep it burning in every human heart.

In a small and perhaps insignificant way this committee is trying to achieve this goal.

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r****AUGUST**

26, 27, 28, 29 – 58TH NATIONAL CONVENTION, Lithuanian Franciscan Monastery, Kennebunkport, Me.

SEPTEMBER

12 – "MEMORIES OF LITHUANIA" RADIO PICNIC, St. Michael's Parish Grove, Bayonne, N.J.

12 – N.E. DISTRICT CULTURAL PICNIC, Maironis Park, Shrewsbury, Mass.

26 – N.E. DISTRICT FALL CONVENTION, Immaculate Conception Church, Cambridge, Mass.

OCTOBER

9 – C-29 ANNUAL DINNER-DANCE, Holy Trinity Parish Hall, Newark, N.J.

16 – C-26 WORCESTER DINNER-DANCE – commemorating 55th Anniversary of Council.

NOVEMBER

20 – C-17 and 17 SR. FALL DANCE, So. Boston Lithuanian Club
So. Boston, Mass.

Edited by: Mrs. Josephine Zukas, 9 Charles Street, Port Washington, L.I., N.Y. - 11050



NEW ENGLAND

DISTRICT

ATHOL-GARDNER, MASS. - C-10
"Vincukas"

On June 13 our council held their annual steak cook-out at Frank Anoris' summer camp on White's Pond Orange. Lennie Davidonis was general chairman. The day was perfect, we cooked our own steaks on the grill, enjoyed boat riding and swimming and finished off the day cooking hot dogs and hamburgs for supper. It was nice to see Casimir and Dot Pinigis and their family after many years of absence. Also present were Barbara & Howie Gibbons and their son Philip, and the Al Rodskis family.

Condolences are extended to Maryann Rodski Langlois and family on the untimely death of her husband and father, Norman, who died in May at age 41. He was affectionately called "Wing". He will be sadly missed by his host of friends.

Richard Genaitis has been promoted to district manager of the Donnelly Sign Co. His area is Boston. Congratulations, Dick. Our Spiritual Adviser, Fr. Al Yankauskas celebrated his 20th anniversary in the priesthood on May 23 with a special Mass in St. Francis Church, Athol. He received his many guests in the parish hall following the services. We wish Fr. Al many more years in God's service.

We just received word of the death of Fr. John Jut. News of his untimely death comes to all of us as a shock. We all remember Fr. John as a true K of L'r, a devout and kind priest. He was a leader with a dynamic personality and we wonder if the Lithuanians will ever again see another priest of his calibre. We will never forget Fr. John.



Athol-Gardner C-10: Steak barbecue held at Frank Anoris' camp.

WORCESTER, MASS. - C-26
"Dzukele"

We pause in the course of preparations for attending the Aug. National Convention at the Franciscan Monastery in Kennebunkport, Maine. to relate the following tidbits concerning our council:

The bowling banquet was held at the Eden Gardens Restaurant in downtown Worcester, with Tommy Karpicus' team capturing top honors. Newly named co-chairmen for the coming bowling season, set to start in September are Joan Krusas and Beverly Ivanauskas.

In May, our council sponsored a Mass offered for suffering Lithuania during which our membership was privileged to receive the Holy Eucharist under both species. Our Spiritual Director, Fr. Justin Steponaitis, was celebrant and invited us close to the altar where we joined in prayer and became one in praying for Lithuania's cause. Commentator was Francis Degutis and lector was our President, Stephen Walinsky, Jr. Following the Mass and later the business meeting, was a refreshment period with goodies prepared by Anne Morkunas, Marion & Arthur Racicot and Dana Paulukonis.

Our annual spring picnic was held on May 23 at Maironis Park, and another financial and social success was gained for our Council by the co-

chairmen, Bill & Carol Grigas and their assistants who were: Refreshments: Anne Morkunas, Linda Gillus, Anne Bender & Adele Degutis. Raffles: Helen Gillus, Mary Jankowski & Lorna Walinsky (Lorna also prepared the posters for the day). Games: Steve & Ellie Walinsky. Bartenders: Ronald Walinsky & Francis Degutis. Cashier: Olga Kersis. Father Steponaitis was our host-ambassador who made certain everyone felt cordially welcome. Special thanks for their attendance to the members of the New England District Committee who came in from Boston & Connecticut, and to Anne Miller and Barbara Mazeika who came down from neighboring C-116. Prize donations of Mrs. Anna Bacys and her son Joseph, and of Mary Jankowski were much appreciated, as were the home make "ausukes" donated by Mrs. Bernlitz.

Gediminas Janula has left Worcester's C-26 for Chicago's C-112 and we certainly wish him many happy active times with the K of L there. Anthony (Morky) Morkunas has been home awhile now, having been confined to the West Roxbury V.A. Hospital. He's feeling much better, and our hopes are that he be even better before too long.

The June meeting was delightful! The torrential rains preceding serving time kept no one away, but all joined at the Bill & Carol Grigas residence to enjoy the shisk-ke-bob prepared by this couple, assisted by Ron & Lorna Walinsky, Steve & Ellie Walinsky, Janice Tagman and Ginny Lelakis. Little Caryn Grigas played the perfect baby hostess to Mark & Lynne Walinsky, so, as is famous with our council, little tots are always welcome and properly entertained. The outdoor meeting atmosphere lacked a piano, but the perfect pitch of Father Steponaitis got us on the correct note to begin with the Vyciu Himna. All things combined, good food, interesting agenda, congeniality, weather clearance, made for a lovely evening.

The July meeting was hosted by Eleanor & Ronald Valinski at their summer home on Lake Lashaway in



Susan Boroskas, C-1 president, places crown on new queen, Sandra Farquhar at Snowflake Ball. Charles Guidali was crowned king by John Yuskaitis.

the Brookfields. Assisting the Valinski's in preparations were Bill Grigas, Anne Bender & Helen Gillus.

The Gregonis brothers (Vin, Al & Bob) invited us to their home in Oxford where they hosted the August meeting.

The annual "Sportu Svente" was held the weekend of June 19-20 in our area and several of our members participated, - Wanda Pajeda, her brother Drasius, Birute Raciukaitis, Frannie (Algis) Glodas, to name but a few. Young people from great distances gather each year for this event, displaying the sports talents of the Lithuanian youth, in hopes of gaining trophies as proof of their proficiencies.

Aciu kad perskaitete si straipsneli. Linkime visiems Vycians viso ko geriausio iki sekancio numerio, Su Diev!

SOUTH BOSTON, MASS. - C-17

Seklumá Trimituotojas

Charlie & Lou Mikalonis have returned from a few days in the warm weather of Florida. Cruising down the Atlantic to Bermuda were Mrs. Helen Zaremba & Helen Zemaitis. At the invitation of her brother Ed Rudis, Phyllis Gendreau enjoyed a three week whirl-wind tour of the sights of Germany. Our jet-setter Jen Pasakarnis who went to London to attend a medical

seminar combined business with pleasure.

Good luck to Fr. John Bernatonis who went to Rome, Italy for a course in canon law. Fr. John was the Spiritual Advisor of C-78, Lawrence, Mass. St. Francis Church, Lawrence, Mass. has a new Pastor, Rev. Alphone Jansonis. Fr. Al came from St. George's Church, Norwood, where he was their Spiritual Advisor. We hope that Fr. Jansonis will continue to give his support to the Lawrence council and get it active once again. Congrats to Rev. Aloyzas Klimas, Assistant, and Spiritual Advisor to St. George's Church, Norwood, Mass. Good luck to Rev. Wm. Wolkavich on his new assignment as Chaplain to Our Lady of Sorrows Convent & St. Joseph's Manor Nursing Home, Brockton, Mass.

Rev. Al Contons will be chaperoning a group of students touring England for five weeks. John & Betty Grigalunas and Vic & Helen Grigalunas spent a short holiday in Nassau. We hear that Helen Sabiski has been ailing; we hope to see you around real soon.

Having written up our successful Scholarship-Dinner Dance in a previous issue, we now mention the raffle winners. The first prize, a 55-cup coffee percolator and two pounds of coffee, donated by the Araban Coffee Company through the efforts of Bob Gendreau, was awarded to Al Jaritis, who promptly donated it to the council. Thank you, Al. The second prize, a bottle of cheer went to Dr. Albert Kiburis, and Mary Mickavich won the third prize, six pounds of coffee. Thank you Bob (and the Araban Coffee Co.) for your generous donations.

The testimonial dinner given for Stanley Griganavicius was a huge success. All of Stan's friends came to pay their respects. A great many K of L's attended. Stan was club manager of the So. Boston Lithuanian Citizens Club, and retired on doctor's orders. The featured speaker was Congresswoman Louise Day Hicks. Joe Casper is the liaison officer for the Boston office of Congresswoman Hicks.

We hear that Al "Jake" Jakutis of C-18 was seriously injured in an automobile accident and is now on the road to recovery. Our sympathy, too, is extended to Al on the loss of his father Benedict who recently passed away. Remember in your

prayers Povilas Wadluga, father of Clementine Yagman, C-17 Srs.

We should nominate Mrs. Mary Martus as the "Lithuanian of the Year from C-17 and the Seniors." Mary is the wife of late Bronis Martus, who was active member of the council. On the day of our Scholarship Dinner, Mary started the day by attending a morning brunch, then a graduation exercise and dinner at LaSalle Junior College, Newton, Mass. (where she teaches) and then breathlessly came to our dinner (though not to partake of it since at this point she was above the caloric count for the day!) Mary then nobly offered her services as Secretary to the 58th National Convention. What makes this unique is that Mary is of Italian lineage and works for Lithuanian causes. The writer's opinion is that perhaps this is a perfect example of a non-Lithuanian spouse coming to the aid of the Knights of Lithuania, and helping it to become a larger and more successful organization. We should work to promote full membership instead of the token membership we offer. We have some very loyal members. Sylvester (Jack) & Mildred Daniels took their vacation in July and have made plans to attend the National Convention, taking the week off without pay. We need more members like these.

Our Wine-Taster's June Night, offered to make our members wine gourmet's, conducted by Frank Grigas, John Olevitz & Al Jaritis, was a tremendous success. The members and their friends look forward to these wine tasting nights and there will be another one in the near future. Read your council news letter and be in-



C-1 Snowflake Ball committee members: Susan Boroskas, John Yuskaitis, Norman Achorn, Sylvia Shukis, Joanne Apanowicz, Marilyn Yuskaitis, Connie Grein, Patricia Achorn, Joyce Piscitelli.

formed, attend the meetings, and kindly pay your dues to remain a member.

See you at the convention in Kennebunkport. Since it will be a family type convention, hope you'll bring everyone along.



MID-CENTRAL
DISTRICT

DAYTON, OHIO - C-96

FBP

Calling to mind the prayer, "God is great, God is good" .. He most certainly was to all of us on Mother's Day, May 9, not only with a beautiful sunny day but those angelic faces of our Juniors marching in procession for the council's annual May crowning was most inspiring. Crown bearer was Julia Prasmantas while Jr. Sec'y, Christine Mantz had the honor of placing the crown on the statue of our Blessed Mother's head. Bears for the Mass offering were Joe & Eleanor Mantz. Our annual Mother's Day Mass and May crowning have always been a rewarding observance of the council and this year our members again took an active part. Following the Mass, the Juniors invited their parents and council members to the church hall for a light breakfast. Our Juniors demonstrated their talents with readings, songs and music to round out a beautiful start to a beautiful day - Mother's Day. We also had the opportunity for the first time to meet with our new members, Albert & Marianne Owens. Aciu - to all the Juniors and their advisors, Kitty Prasmantas & Elinor Sluzas.

Our members participated in the annual Mid-West Bowling Tournament on May 21-23 with Chicago the host. Team members were Dave Petroski, Frances Zelinskas, Ernie Omlor, Eloise Berczelly, Charles Petkus, Georgia Zelinskas, Joe Noreikas & Joe Sinkwitz. Guests making the trip were Veronica Omlor, Ada and Jr. K of L'r, Kathy Sinkwitz & Frank Gudelis. Unfortunately we did not win a team trophy, but Fran Zelinskas did come home with the only trophy Dayton can boast about. Frank Gudelis & Kathy Sinkwitz had a three-game series going

on the side, with Frank just barely outscoring Kathy. Our members had warm praise for the cordial reception received from the Chicago council. They were greeted Friday night at the host room by Chicagoian, Al Kassel, with "Come on in and make yourselves at home". There was no doubt this greeting was fulfilled to the last function. A Very Big Thank You to the committee and all their workers.

Much traveling!! Ernie & Veronica Omlor celebrating 35 years of marriage journeyed to the annual Mt. Laurel Festival in Cumberland Gap, Ky. Week-ending at St. Mary's Lake were John & Eloise Berczelly; boating on the Ohio River were Jim & Joan Kavalauskas; weekending at Brookfield, Ohio were the Berczelly's, John & Eloise and "their friend" Pat Zelinskas; week-ending in Columbus, Ohio for their 23rd wedding anniversary were Joe & Eleanor Mantz and weekending to Grand Rapids, Mich. were Joe, Ada & Kathy Sinkwitz. Joe had another opportunity to display his work when daughter, Ann Boeke and husband, Joe, our Grand Rapids members, were on the winning team in their league. He made up the trophies that were awarded. Visiting the Trappist Monks in Gethsemani, Ky. were Mary Lucas, Pat Zelinskas, Ernie & Veronica Omlor. Fr. Titas Narbutas also has joined the list of travelers.

Did you know Jerry & Karen Bedrowsy are in charge of the serving of coffee and snacks after the 10 a.m. Mass at our church? Jerry & Karen are also responsible for the new project in our parish - a "Senior Citizens" bingo every two weeks in the church hall at 1:30 p.m. Refreshments are served and prizes are donated by the players, parishioners and friends. Call Karen to volunteer your services. Latest to help has been Georgia Zelinskas. It is a fun thing and growing as word is getting around. We had the pleasure on May 23 after the 10 a.m. Mass to congratulate Msgr. Joseph Koncius, who was visiting our parish, on the occasion of his 80th birthday. Msgr. presented autographed copies of his book "Vytautas the Great-Grand Duke of Lithuania". This day was also the occasion of our Spiritual Advisor's birthday, Fr. Titas.

Joe & Ann Boeke were elected co-presidents for the Immaculate Heart of Mary Freshmen Club in

Grand Rapids, Mich. Their work will be with the youth in the area. Much luck to both of you in this great undertaking. We're delighted to read that Rodney Vangas came in third place in the Nat'l Swim Meet in Fort Lauderdale, Fla. His swimming skills have already brought him scholarship grants from two colleges and Rod is only a sophomore in HS! Charlie & Fran Vangas are two proud parents. 'Tis rumored Fran's a WW member, too! Spring and vitality is really inspiring our women.

Congratulations to our High School Grads Jim Sinkwitz and John Kavy will be heading for Ohio State. Diane Kavalauskas will be attending Sinclair College. Congratulations also to Catherine Mantz who was united in marriage to Jerome Roberts on May 8. Best wishes and much happiness to both of you. Jerry, will we be adding one more active member to our list? Cathy's uncle and our Hialeah, Fla. member, Pete Petkus, came up for the wedding and visited with all of us. Must say Pete hasn't aged!

A personal comment to the Vytis correspondent for C-12, N.Y.... Thank you for your informative column. It is bringing me up to date on "That Old Gang of mine" even though the council is going into second generation! This is from a former C-12 member - eighteen years removed.

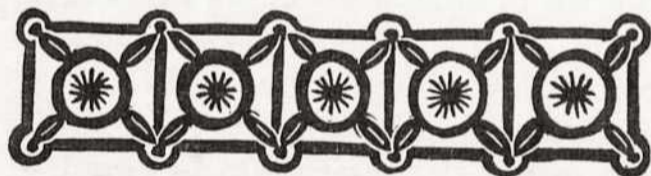
Our deepest sympathies are extended to Joseph August and his family on the loss of his mother. May her soul rest in peace. Much to our regret our council extends its very deepest sympathy to the family of Eva Leasure. Eva had been an active member for many years. Her home has been open to all of us, and her husband, Curly, has always welcomed us. Daughters Phyllis Richey and Barbara Blosser have been council members and Eva's brother, Charles Vangas, has many years with the organization. Her grandchildren, too, are following in stride as Jr. K of L'rs. The loss of Eva, fun-loving, vibrant, happy-go-lucky, will be felt by not only her family but her friends, too. She was 'one in a million'. We pray God keep her in His care.





- - Eva Leasure - -

On the last day ... in the month of Our Lady ... our Heavenly Father called our beloved Eva home. How can one put down on paper the many funny, sad, happy and exciting moments we shared with her. Her carefree ways, her generosity, her love of people will long be remembered and reminisced by all of us who knew and loved her. To Curley her husband, and to her children and grandchildren we offer our love and deepest sorrow. There is a saying "We are a part of all we meet..." and for this we are thankful.. for there must be a little part of Eva in all of us.



NEW YORK-NEW JERSEY DISTRICT

NEWARK, N.J. - C-29 The Wanderer

C-29 observed the feast of St. Casimir on Mar. 7. The membership, led by the color guard of the Lithuanian American Veterans, marched to Holy Trinity Church where at 12 noon Mass was offered by Rev. Joseph Barkus OSB. Breakfast followed in the parish hall where National President Dr. Jack J. Stukas was toastmaster, invocation offered by our Spiritual Director Rev. Peter Totoraitis, and greetings extended by pastor Msgr. John J. Scharnus. Guest speaker was Mrs. Mary Varick of Newark. Mrs. Varick spoke from a wheel chair, has been a victim of polio for more than 20 years, mother of four children, written books, conducted pilgrimages to Canada and Europe and was received by

Pope Paul VI. Her talk will long be remembered. Former Council Presidents called on for a bow were Peter Podgalsy, Jack Remeika and Joseph Sakevich, latter also served term as Supreme Council President. A transistor radio donated by Council President Kazys Sipaila was raffled and the sum of \$43.00 was turned over to Msgr. Scharnus for Holy Trinity Parish. Vytis Editor, Loretta Stukas, on behalf of C-29 presented a Cross pen to Frank Vaskas in recognition of his many years of endeavor both in publicity and Lithuanian affairs. "The Wanderer" extends sincere thanks to C-29 for the gift and to Loretta for her discourse during the presentation.

Our heartfelt condolences and sympathy are offered to Msgr. Scharnus in the passing of his sister Anna; Albinas Zukauskas loss of his mother in Lithuania; and Eva Coll upon the loss of her mother. May they rest in peace.

At our June 15 meeting, Rev. Totoraitis gave a discourse dealing with the 31st anniversary of the tragic days in the Baltic States. Chosen as delegate to National Convention at Kennebunkport, Maine was Albinas Zukauskas. First and second degree rituals were given to the following: Helen Kay, Stanley & Adelle Urbonas, Irene Jadelis, Mary Paulauskas, Anele Balbota, Frances Mockus, Kazys Curlys, Vito Jadelis, Wesley Zostautas, Rose & Albinas Zukauskas.

Our annual Dinner-Dance will be held Oct. 9 in the parish hall. Circle the date on your calendar. Chairman will be Albinas Zukauskas.

Hope all have a most enjoyable summer. See you at the Seimas. Next meeting of the council will be Sept. 21.

NEW YORK, N.Y. - C-12

Liberty Lady

Work was the keynote in May. C-12 turned out as a group for volunteer services at the annual Spring Dinner of Our Lady of Vilna Church. Arriving on the day bearing prizes for the raffle, we went to work. Ann Yorkus, acting dinner and entertainment coordinator was ably assisted by Helen Cuperwicz, Ann Zindzius & Helen Yurkus. Betty Waskiewicz greeted the guests as hostess while Millie Pietz

and Barbara Kartanowicz were busy as assistant cooks. Serving on the ticket committee were Joe Kscenaitis and Al Yatkas. The decorating and refreshment committee, John Yorkus, Matthew Yatkasaks, Lee Waskiewicz, Michael Kartanowicz & Walter Yurkus were busy for several days. Mary York was toastmistress and in charge of the Knights of Lithuania publicity display. Honored guests of the Parish were K of L National President, Jack Stukas and his charming wife Loretta (Editor of Vytis). We were tired at the end of the day but happy to be able to help our appreciative Pastor, Father Gurinskas.

Some reflections on District Meetings and a Note of Gratitude. To broaden horizons of local councils, a regular cross section of delegate representation should take place at such meetings not only to widen our circle of friendship and knowledge but to fully appreciate efforts put forth by the Host councils. For example, in N.Y.-N.J. Dist., the delegates from C-12 wish to publicly thank Host councils Bayonne C-67 and Harrison-Kearny C-90 for their care and concern shown towards us at District meetings. At the final meeting in June at Amsterdam, N.Y., it must be commented upon that C-100 as Host was a beautiful example of warmth, graciousness and hospitality. From the moment we arrived a reception committee was waiting on the doorstep with a tremendous sign of welcome (the handiwork of one of its members), immediate re-



Hospitable Reception Committee of Host C-100 greeting delegates arriving for N.Y.-N.J. District Meeting.



Dottie Dutkus, chairman of bus trip to Amsterdam, N.Y. with charming hostesses of C-100.

freshments were provided of home baked goodies and what delighted this delegate was the personal touch of flowers galore brought from their homes to the dining room. Then the careful planning of an educational tour to points of interest in and around Amsterdam with C-100 members giving the commentary. Upon our return to the club house, the district meeting was held in comfortable quarters and again C-100 went into high gear by providing a sumptuous feast of home cooking. Apparently not wanting us to go home empty-handed, we all received table favors of Lithuanian flag brochures and favors. For our appreciation, on display was a Lithuanian exhibit of amber and woven materials artfully arranged by Polly Ziausys. Then we were treated to a superb performance of authentic American Indian dances by the Boy Scout troops of Amsterdam. What made it especially interesting was the Scout Leader commentary explaining the associated meaning of Indian legend and action. Participating all the way from Brooklyn, N.Y., was the K of L Dance Group which was nicknamed "Grazuoliai" who in turn ended the festivities with Lithuanian dances, making it a real K of L Day. A sincere thank you to President Anthony Radzevich, committee members, Very Rev. Robert Baltch and Rev. Bernard Gustas for

the warm hospitality.

Summer vacations are in full swing. Jim Sabal who enjoyed last year's K of L tour, is heading for the Scandinavian trip in July. Ann & John Yorkus are on the annual visit to Sioux City, Iowa to see the family. Mike & Barbara Kartanowicz are working on a summer project of adding a back porch to the home. The Cuperwich family is seriously considering attending the K of L convention in Kennebunkport, Maine. Mary York is definitely going to her first K of L convention. Helen Matthews flew to Chicago over the 4th of July to be part of the Lithuanian Song Festival and intends to free lance during the summer. Joe Kscenaitis and Al Monkawitch are spending their weekends and vacations at the "Yanky Lodge" retreat in Mahopac, N.Y., which they have been enjoying for the last 20 years. Betty & Lee Waskiewicz and family will join them at vacation time. The Senkens enjoy the solitude of Shelter Island all summer and the Montvidas family gather at their home poolside while Ann takes time out during the week to give volunteer services at a Day Camp in the community. K of L choir rehearsals are making progress as our organist, Matthew Yatkaskas spends his summer in practice. Summertime Happy Birthdays to: Helen Matthews, Ed Senken, Al Monkawitch, Nell Genis, Joe Kscenaitis & Helen Yurkus.

Talk about Lithuanian Affairs - It was observed at the United Nations gift shop in New York what could be considered a small but significant take-over of Lithuanian culture, - a display of costumed dolls with a sign that read: "Pressed paper dolls of 15 Nations of USSR". Each doll had a national identification, one of which was Lithuania. What is so disturbing is the fact that thousands of people pass through the U.N. from countries all over the world as well as the U.S., and they are observing what looks to them as a natural situation instead of what it really is -- a travesty on justice and liberty.

NEW YORK SENIORS - C-41

The New York Senior Council & C-41 commemorated St. Casimir with a Mass at St. Mary Queen of Angels and brunch in the Parish Hall. After the

blessing of palms, C-41 dancers, in Lithuanian costumes, were first in the procession led by Rev. Pikturna and the altar boys. Many non-Lithuanians in the congregation asked if the costumes were worn every Palm Sunday. We explained that due to conflicting events, our annual Mass, usually held around Mar. 4 - feast day of our patron saint - was delayed. Considering the impression made, Lithuanian costumes should be included in this ceremony. Rev. Pikturna gave an appropriate sermon and, at the brunch, welcomed us and our guests in behalf of the parish. Our main speaker, Dr. Domas Jasaitis, categorized the work of the K of L in America with that of the "Pavasarininku" and "Ateitininku" in Free Lithuania. The latter organization of alumni and students has been continued wherever Lithuanians have settled since WW II and Dr. Jasaitis is still active in it. He urged us to support the Franciscan Lithuanian Cultural Center and, particularly, the section in memory of Dr. Jouzas Leimonas who, among other things, was editor of Vytis in the 1950's. While looking up details on the K of L., Dr. Jasaitis was surprised that there was no mention of either Vyciai or Lietuvos Vyciai in the Lithuanian Encyclopedia - and so were we in double-checking this fact! Petras Azuolas, also representing the Ateitininku, addressed us and took pictures. Antanas Reventas, a recipient of the 1970 Darbininkas award as chairman of the Cultural Fund Raising Committee, extended greetings from the Lithuanian-American Community (Bendruomene) of N.Y. Our President and M.C., Anthony Mazeika, Sr., introduced other guests and called



NED Spring Convention - Brockton, Mass. - May 2 - Rita Pinkus presenting third degree metal to Susan Boroskas of C-1.

upon Leon Staskevicius, President of C-41, Anthony Shovelski, and Peter Wytenus to speak. Peter is again rounding up funds and help to repair the Lithuanian Wayside Shrine in time for the Mass Deportations Commemoration in June. Helen Kulber read her letter which she sent to Peter Roberts about St. Casimir. Mr. Roberts not only talked about the Lithuanian patron saint on his "Rambling With Roberts" radio program on WOR but also sent Helen a gracious "thank you for the information" reply, noting that it "was used on the air Mar. 7 at 8:50 a.m." In turn, Helen sent Mr. Roberts an "appreciation" note on a Lithuanian Easter card After the delicious feast, prepared by Emilija Sandanavicius assisted by members and her sister, Maryte, visiting from N.J., we enjoyed the premiere performance of the reactivated C-41 dance group, directed by Birute Radzivanas. They also entertained at the District Convention in Amsterdam, N.Y. on June 6.

It is unfortunate that more K of L's did not attend the Baltic Information Conference on Mar. 27 at the Barbizon Plaza. It was an enlightening and productive event with a large youth representation. Anthony Mazeika, Jr. (C-41) was a panel speaker on the subject "Baltic Newspapers and Radio Programs". Mary York (C-12) did a tremendous job at the Reception desk. When this conference was transferred to N.Y. from Chicago on short notice, United Baltic Appeal/BATUN became more involved in it. In this capacity, Helen Kulber assisted in the "behind the scenes" work. After the conference, there were standees at the 1,200-seat Ziegfeld Theatre for a two-hour color film on Latvian events.

Some of us are also involved in UBA/BATUN'S Second Baltic Folk Festival at the beautiful Latvian "Priedaine" picnic park in Freehold, N.J. on August 21.

We enjoyed the 30th Anniversary of the radio program "Memories of Lithuania" concert and banquet honoring its director, Dr. Jack J. Stukas. On May 2, we enjoyed the "Birbyne" ensemble of Toronto - 80 young singers and dancers, kankliu, skudučiu and birbyniu musicians - who traveled from Canada to benefit the Lithuanian Cultural Center.

Our officers have been persuaded to remain as is: Anthony Mazeika, Sr. - President; Peter Wytenus - Vice-President; Aldona Zaunius - Secretary; Joseph Boley - Treasurer; Anthony Shovelski - Legal Advisor; Helen Kulber - Lithuanian Affairs and Publicity. A new addition is Emilija Sandanavicius - Financial Secretary.



Helen Kay (C-29) and Mary York (C-12) admiring amber display arranged by Polly Ziausys at Amsterdam District meeting.

AMSTERDAM, N.Y. - C-100 Smile and Sparkle

Amsterdam C-100 hosted their first N.Y.-N.J. District convention on June 6 at the American Lithuanian Club. Two bus loads of delegates and guests arrived, one from the New York City area and the other from New Jersey. A huge banner, "Welcome Knights of Lithuania" painted by Matthew Orante, covered the front of the building.

Peter Urba, Tour Chairman, assisted by President Anthony Radzevich headed the excursion. The Very Rev. Robert K. Baltch greeted the visitors upon their arrival at St. Casimir's Church. The history of the founding of the church from the time of Rev. J. Zidanavicius, the first pastor, up to the present time was told by Father Baltch. The group continued to the St. Casimir's cemetery to view the newly dedicated chapel of St. Ann. Fr. Baltch explained the circumstances of how the chapel came to be. Mr. John Kiskis upon the loss of his wife, Ann, decided to have the chapel built in her memory. Present at the

cemetery at the time of the tour was the donor.

Historian Clark Blair of the Ft. Hunter Erie Canal Restoration Society awaited the group at the site of the Erie Canal, where he gave a brief resume of the historical canal from 1817 to the present time. He hoped that some day the area could be built up as a tourist sight-seeing spot.

The final stop was the Shrine of Our Lady of Martyrs in Auriesville. Rev. T. Egan, S.J., director of the Shrine, welcomed the group and invited them to return for a longer visit. He advised that Aug. 22 was set aside as Lithuanian Day at the Shrine.

The sessions began at the A.L.C. club at 3:30 p.m. 36 Delegates, representing the councils, and 114 guests were in attendance. Rev. A. Grigaitis, assistant pastor of St. Casimir's Church gave a welcoming address.

A smorgasbord, under chairmanship of Ann Sweet and assisted by Helen Radzevich & Mrs. Leo Druziak, was served the guests. Refreshments were served by Chairman Peter Hayes with Leo Druziak and Donald Holleran assisting.

Master of Ceremonies, Rev. B. Gustas outlined the program. The first to appear were the Boy Scouts of the Order of the Arrows. Indian ritual dances were performed with William Charles doing a solo specialty - the Indian Hoop Dance.

Brooklyn C-41 presented a number of Lithuanian Folk Dances under the direction of Birute Radzivanas.

Ann Radzevich & Sadie Karbus (Hospitality Committee) welcomed the guests with all kinds of goodies. Joe Valikonis, our newest member, joined the K of L at the district convention and also celebrated his birthday on the same day.....Our present, Tony Radzevich was nominated 2nd Vice-President in the District. Election are to take place in Sept. in Great Neck, N.Y.....Mark Druziak, one of the members of the Penn Central young dance band is the son of our member, Helen. Helen's other son, David, was helping dad, Leo, wash empty glasses at the refreshment booth.....Sophie Olbie was very busy throughout the convention, making money for the organization. Father "Bernie" Gustas makes a perfect MC. Father Baltch was on the go from early Sunday morning.....Father

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Bernie & Father Bob bid the guests farewell by blessing the buses for a safe trip home....Polly & Ed Ziausys' booth contained beautiful amber, linens, wood carvings, the National Emblem, the Lithuanian Flag.....If any of our guests took a photo of the huge sign, "Welcome Knights of Lithuania", please forward a copy of the picture or negative to Matthew Orante, c/o Matthew's, 40 East Main St., Amsterdam, N.Y.....Ann Klem was surprised that we Amsterdamians had a Lithuanian cemetery. She knew of none in the New Jersey or New York City area....If our memory doesn't

fail, Ann was one of the three girls who came to Amsterdam in 1949 and was instrumental in reviving our council.

It really was wonderful to see so many faces of members which some of our local members have met at national conventions. There were the Janonis', Larry & Jean, the Kobers, Joe Boley, Ann Mitchell, etc.....We cannot forget to thank Prof. Joseph Olsauskas for accompanying everyone in the singing of the national anthems and the K of L anthem.....Delegates to the 58th National Convention will be: Anthony Radzevich, Genevieve Gobis, and Prof. Joseph Olsauskas.



C-12 K of L organist, Matthew Yatkauskas, at choir church rehearsals

AN IMPORTANT NOTE TO ALL COUNCIL CORRESPONDENTS....

The October issue of "Vytis" will only include the 58th National Convention events. Therefore, no Council news will be included in this issue. The deadline for Council news in the November issue will be OCTOBER 5th.....

K of L -ers Prominent in the 1971 Dainų Sventė

... as directors

... as Directors, Soloists, Singers ...

(see page 7 - 8)



Some minor adjustments. . . Petras Armonas and Faustas Strolia (K of L Choir Director and C-36 member).



Cantata Soloist, Prudencija Bickiene (K of L C-112 member) and Jonas Vaznelis.



Rev. Prunskis of DRAUGAS exchanges notes with Algirdas Kacanauskas (K of L, C-29 member) during intermission.